- Welcome and Introductions / call to order: 7:09pm Jo Thomson, Sharon MacKenzie, Tanis Zayshley, Amy Robinson, Marilyn Baines, Miyuki Shinkai, Aspen Wing, Jodee Young, Rachel Eastman, Kirsten Deasey
- 2. Approval of minutes from last DPAC meeting: Motion to approve as presented; Marilyn 1st and Miyuki 2nd
- 3. Agenda for tonight's meeting: Approved by all.

4. <u>Presentations: "Early Learning and Parent Connections" - Kirsten</u> Deasey

DPAC Participated in Parent Engagement BINGO game To have fun and bring awareness on programs

District received Grant for family support which allowed District to hire two new professionals Sue Lamb and Karin Foley. They oversee programs as Navigators; work certain days in certain centers.

Early Learning Programs:

-Wonderwheels bus – goes to different locations all over the Coast. It is like strong start on wheels.

-Spark -Program for children and parents

-Tales & Trails in Gibsons - Story telling nature walk

-Tales & Trails in Pender Harbour

-Coast Reads - A book for different age groups. Modeled after Canada Reads. All schools get collections of these books. Another way to engage community.

-Winter wonderland Party – A fun free family event in December. All strong starts closed and all facilitators host Christmas theme party. -Family Literacy in week school. Based on family engagement

-Community literacy event in Jan. – community coalition meets every 2 months and they organize a community wide yearly event.

- Positive Discipline 7 week sessions with parents. Trained facilitators can run continuous positive courses that educate ways to have positive family relations (encourage over praise)

-Circle of security - 7 week sessions with parents – Gives opportunity to learn and recognize child's needs, to make sense of their behavior and strengthen relationship with child.

-Tiny Town – Located in Sechelt learning center Strong start. A play center that mimics a little town center.

-Prenatal Public health nurses invite Kirsten to talk to new moms about the kinds of supports they can take advantage of with us.

-Spark 10 – Local high schools have students from career planning 10 attend Strong Start as volunteers to work with children in the centers. -Volunteer Readers

-Wee Sing by the Sea in Davis Bay

-Imagination library - The spark program has partnered with imagination library. Books are provided and mailed to each participant free of charge by school district 46.

-Strong Start – Parent tot drop in centers located in school setting. Children from birth to five, parents, grandparents or caregivers can attend free of charge. Snacks provided.

-Pirate Day – Strong start year end event in Porpoise Bay in June. -Early years fair – Once a year event. Connects families to non profit agencies in community who provide support to children and families in our community.

-Kinderspark -8 week program where new kindergarten students can be introduced into their school

-Family resource program – provides families local resources to all agencies that offer support to children and families.

-Fun & Games for literacy support

-Story walks – A way to get families outside and reading. Pages of a story on a trail walk.

5. Regular Reports

• Chairs Report: Jo Thomson

Presented book Kit called "Is that Legal" about online harassment and abuse.

To show and share to all PACs

Parenting teen's workshop at Pender Harbour Secondary (PHSS) has been postponed until Fall 2019.

• Treasurer's Report: Aspen Wing

NOTE: Gaming account needs receipt for Gr7 Transition night from the School District

- Gaming \$2388.31 Opening Balance
 -300.00 Bcc PAC Conference
 -558.87 BCC PAC Accomodation
 -150.00 Chatelech Grade 7 Transition
 night
 -150.00 Elphinstone Grade 7
 Transition night
 -50.00 Pender Grade 7 Transistion
 night
 -600.00 Pender parenting teens
 workshop Need receipt for this but funds have
 been allocated
 ----- \$579.44 Closing balance
- Savings Account Balance
 \$1,112.22
 -117.62 Snacks for meetings
 ----- \$994.60 Closing Balance

6. Superintendent Report – Jo Thomson on behalf of Patrick Bocking

- a. Early years Fair 2019 was another fabulous success. The fair this year was based on the children's book, "The Best Part of Me" and had had a fantastic community response.
- b. The student leadership Forum tales place on Thursday April 18th. This is a terrific opportunity for us t learn from our high school students as they reflect on their learning, their school cultures and hat is important to them.
- c. We received \$105,000 in Provincial Funding for an accessible playground upgrade at Roberts Creek Elementary School.
- d. A group of dedicated and generous students and chaperones spent their Spring Break in Ecuador through the WE Schools program.
- e. The Nicholas Sontag Marine Centre is prioritizing working with our students to build environmental an ecological awareness for the

f. marine life on our coast. This Spring 10 of our Elementary classes will participate in educational programs.

7. Report on Healthy Schools Committee Meeting April 24, 2019 – Marilyn Baines

- 1. Public Health updates.
 - a. PHNs are undertaking Kindergarten Spark sessions re: hand washing, vaccinations and other health related info.
 - b. Stepping into Kindergarten to be held May 1 & 2 @ Gibsons Health Unit, May 14, 15, &16 @ Sechelt Health Unit and June 5/2019
 @Sechelt Indian Band Mon-y-mon. Pender planning underway.
 - c. MMR Spring catch-up rollout being planned. Currently 472 Sunshine Coast students not fully protected.
 - d. Kids Boost Immunity online session via BCCDC website, and program info, pamphlets and programs sent to SD46
- 2. McCreary Center Society results of the 2018 BC Adolescent Health Survey -available at <u>www.mcw.bc.ca</u>

Vanessa White reported on the Sunshine Coast results specifically. It is hoped that she will be able to repeat this information at the May DPAC meeting. Much of the local findings were consistent with province–wide results.

Report on SCCYMHSU Local Action Team meeting April 4, 2019

- 1. Grade 7 panels are underway, with materials to be sent to parents being updated.
- 2. Dr. Eksteen a new Psychiatrist with special interest in working with youth was welcomed to the LAT and to the Sunshine Coast.
- 3. Family Smart Jill Shatford
 - a. Webinar viewing March 11/19 "Substance Use Relationship Over Responsibility" is available online along with the resource list.
 - b. Jill will apply for our community to be one of four chosen within BC for a 1-day workshop on the Sunshine Coast designed to improve mental health outcome for children and youth. Participants would include 10 youth, 10 parents/caring adults, and 10 service providers.

4. Other matters are currently under discussion i.e. harm reduction and drug testing, peer counseling, education sessions and other specific supports.

8. Board Report and Discussions

- 1. Funding Proposal (by Aspen Wing) Requesting funding for Parent Transition Evening
 - Aspen Wing makes motion to fund Transition Evening. Sharon MacKenzie 2nd
 - All in favor.

2. Parent engagement committee reviewed Strategic Plan – attaching DRAFT copy Stat.Plan to minutes for board to review.

3. Stephen Devlin from MacDev Financial <u>www.macdevfinancial.com</u> - New business request: if we (DPAC) interested in him presenting an info session on financial strategies for families.

-Board postponed idea – to revisit idea at May meeting and if there is interest to host session in the fall.

4. Discussion: Noting some parent's feedback on School District paying for school supplies not entirely well received. Questions arise of how surplus could be spent on other options.

5. Hot lunch programs have been struggling at some schools due to lack of volunteers. Perhaps hiring staff to help with preparing food could be an option.

6. Discussion: Parents voicing need for Speech pathologist in our community schools.

7. Review: Support for youth

DPAC Meeting Adjourned 9:07pm

Next Meeting: May 23rd 2019 7pm Elphinston Secondary Library Highlights: Cathy Gordon – "Transition from Schools Career Programs"