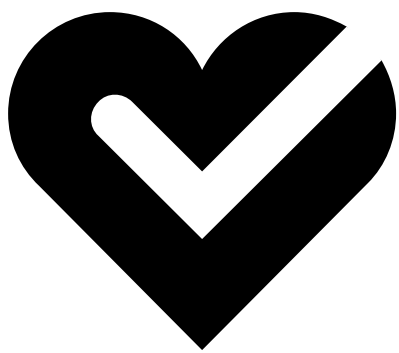


SD46 2023-2024

HEALTH & SAFETY GUIDE

STUDENTS, STAFF & VISITORS:



1

BE HEALTH AWARE

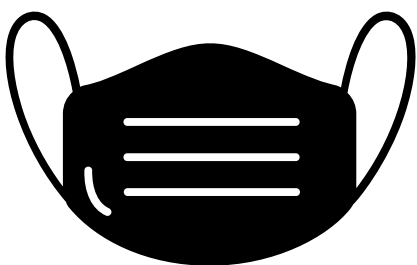
Health awareness reduces the likelihood of a person with a communicable disease coming to school when they are infectious. This includes a person checking regularly they (or their child) are not experiencing symptoms of illness to ensure they are not coming to school when they are sick and unable to participate fully in routine activities.



2

STAY HOME WHEN SICK

If you feel unwell, stay at home. Staff, students, or other persons who are exhibiting new symptoms of illness should stay home and follow public health guidance, [BCCDC guidance](#), and/or the recommendation of their healthcare provider when they are sick.



3

RESPECT MASK FRIENDLY ENVIRONMENTS

Wearing a mask is a personal choice. Some individuals wear masks, and others may not. We encourage staff, students and their families to be kind, understanding and respectful of everyone's personal choices.



4

FOCUS ON PERSONAL PRACTICES

Practice good hand hygiene by washing hands with soap and water or using hand sanitizer to prevent illness spread. Engage in respiratory etiquette:

- Cough or sneeze into the elbow or tissue, then wash hands.
- Avoid touching eyes, nose, or mouth with unwashed hands.
- Don't share food or drinks.

