

# SD46 2022-2023

# HEALTH & SAFETY GUIDE

## STUDENTS, STAFF & VISITORS:



1

### BE HEALTH AWARE

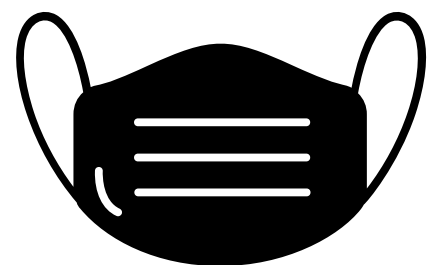
Health awareness is an updated approach to a 'Daily Health Check'. Health awareness reduces the likelihood of a person with a communicable disease coming to school when they are infectious. This includes a person checking regularly they (or their child) are not experiencing symptoms of illness (including but not limited to COVID-19 symptoms) to ensure they are not coming to school when they are sick and unable to participate fully in routine activities.



2

### STAY HOME WHEN SICK

If you feel unwell, stay at home. Staff, students, or other persons who are exhibiting new symptoms of illness (including symptoms of COVID-19 or gastrointestinal illness) should stay home and follow public health guidance, BCCDC guidance, and/or the recommendation of their health care provider when they are sick.



3

### RESPECT MASK FRIENDLY ENVIRONMENTS

Wearing a mask is a personal choice. Some students and staff may continue to wear masks, and others may not. We encourage staff, students and their families to be kind, understanding and respectful of everyone's personal choices.



4

### FOCUS ON PERSONAL PRACTICES

Focus on personal practices, such as hand hygiene, respiratory etiquette, personal space, and not sharing food and beverages.

