

EARLY YEARS PARENTING THROUGH A PANDEMIC



Virtual support group for parents of children aged 0-5 who feel they need a safe, non-judgemental space to vent, share concerns and collect strategies for coping with the unusual demands that parenting through this time brings.

**ZOOM Sessions
Mondays and
Wednesdays
1:00 PM**

Facilitated by Family Navigators:
Sue Lamb and Karen Foley

Bringing years of experience and training in supporting families and working with children on the Sunshine Coast



Email: register4spark@sd46.bc.ca

a zoom invite will be sent to you following registration