



**BOARD OF EDUCATION OF  
SCHOOL DISTRICT NO. 46 (SUNSHINE COAST)**

**EDUCATION COMMITTEE NOTES**

Held on March 16<sup>th</sup>, 2018 from 9:00-10:30 a.m.

At the School Board Office, Gibsons, B.C.

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PRESENT: TRUSTEES: Pammila Ruth (Committee Chair), Lori Pratt, Christine  
Younghusband

STAFF/OTHERS: Patrick Bocking, Superintendent; Paul Bishop, Director of  
Instruction; Erica Reimer, Executive Assistant (Recording Secretary)

REGRETS: Lori Dixon, Trustee; Vanessa White, Director of Instruction

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The meeting was called to order at 9:08 a.m.

1. Goal 1.e. – Mental and Physical Health

*Our students will be supported in learning skills and awareness to manage their mental and physical health.*

Director White submitted a recorded presentation that highlighted the following:

- Focus on training for staff in 2017-2018 school year, including Zones of Regulation, Trauma Informed Practice, Mental Health First Aid and Violent Health Risk Assessment
- School counsellors can now administer, score and interpret Behaviour Assessment Scales for Children.
- Several staff members attended Heart and Mind conference.
- Mindfulness-Based Stress Reduction course offered at district professional day.
- Principals and vice-principals participate in monthly wellness sessions.
- McCreary Survey will be completed in April, in partnership with Vancouver Coastal Health.
- Middle Year Development Index (MDI) results are in for 2017 and touch-back sessions are being planned with students at West Sechelt Elementary.
- Implementation of the Joint-Use Agreement is allowing for easier access to local recreation facilities.
- Student focused "Balancing our Minds" summit will be taking place at Sechelt Arena on May 7<sup>th</sup>.
- "Girls Day" being planned by Elementary Sports Committee with a focus on fitness, health/wellness and leadership.
- Several schools held celebrations and mini-Olympic events during the winter games.
- Suicide regulation is being updated to include self-harm. General disease prevention has been included in regulation 6450.

A copy of Director White's presentation is available in the meeting package at:

[http://www.sd46.bc.ca/files/17-18\\_BoardMeetings/cmtes/20180316-EdCmte\\_Agenda.pdf](http://www.sd46.bc.ca/files/17-18_BoardMeetings/cmtes/20180316-EdCmte_Agenda.pdf)

2. Goal 3.g. – Capilano University / Post-Secondary Institutions

*Our district will deepen our partnership with Capilano University and further our connections with other post-secondary institutions.*

Director Bishop reported that the dual credit ENG 100 course was being offered in partnership with Capilano University for the second year at Elphinstone Secondary with 19 students enrolled in the course. Students had an opportunity to visit the Capilano University campus and hear a presentation on citing standards in preparation for post-secondary course work.

The district continues to partner with Vancouver Island University for Train in Trades opportunities and will be working on more formalized agreements. Habitat for Humanity has recently announced that a sign acknowledging the contributions from School District. 46 and Vancouver Island University will be erected at the Sunshine Coast Village in the spring.

The district continues to investigate other dual credit opportunities, including MATH 100 and PSYC 100.

The committee discussed potential trades programs, improved service skills for students and other university credit courses outside of the trades.

3. Regulation 1740 – Responding to Suicidal Behaviour

The regulation has been updated to include a process to support students engaging in self-harm activities.

4. Curriculum (standing item)

Superintendent Bocking reported that mini-grants to support curriculum are being offered to schools.

5. Parent Engagement (standing item)

Superintendent Bocking shared that the NEST program held their nature walk with parents.

The meeting adjourned at 10:19 a.m.

**NEXT MEETING:** Wednesday, April 25<sup>th</sup> from 2:30 to 4:00 pm at the School Board Office