



**BOARD OF EDUCATION OF  
SCHOOL DISTRICT NO. 46 (SUNSHINE COAST)**

**EDUCATION COMMITTEE NOTES  
Held on January 27<sup>th</sup>, 2016 from 1:00-2:30 pm  
At the School Board Office, Gibsons, B.C.**

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**PRESENT:** TRUSTEES: Christine Younghusband (Chair), Pammila Ruth, Greg Russell,  
Betty Baxter

STAFF/OTHERS: Patrick Bocking, Superintendent; Vanessa White, Director of  
Instruction; Paul Bishop, Director of Instruction, David Barnum, Curriculum and  
Transitions Coordinator; Louise Herle, SCTA; Erica Reimer, Recording Secretary

**REGRETS:** Lori Dixon, Trustee; Carolyn Spence, Principal

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The meeting was called to order at 1:01 p.m.

1. Strategic Plan: Goal 3.b. Collaboration

*Our district will pursue opportunities that enhance collaboration with associations, organizations, businesses and community resource people.*

Superintendent Bocking reported on collaborations with local public library boards to promote literacy. He also discussed the Shared Care partnership with Vancouver Coastal Health, which provides appropriate medical expertise when information is required. Trustee Baxter reported on plans to highlight partnerships with Habitat for Humanity, the Sechelt Indian Band and Iris Griffith as part of the South Coast Branch meeting with SD47 and SD48. Director Bishop reported on his experiences working with Rotary groups at Pender Harbour Secondary. Trustees discussed hosting an open house and inviting school district partners to attend. A recommendation was made to bring the suggestion forward to Committee of the Whole for further discussion.

2. Strategic Plan: Goal 1.d. Social and Emotional Learning

*Our students will develop the social and emotional skills to successfully live, work and play together; they will have the resilience to deal with life's challenges.*

Director White presented the many social and emotional learning supports being offered through the district. In addition to one-on-one counseling, school counselors provide in class learning opportunities in the areas of:

- SEL direct instruction,
- friendship skills,
- anxiety prevention (FRIENDS program),
- conflict resolution (Second Step),
- sexual health education,
- sleep, nutrition and self-care
- Mindfulness – Mind the Gap
- Cyber safety and Sexual Exploitation Safety (Kids in the Know)

Information is provided to all students so that individual students don't feel stigmatized and topics are addressed on an ongoing basis.

Several partnerships were highlighted, including the Shared Care Drug panel, the Ministry of Child and Family Development, Child and Youth Mental Health, and the RCMP. Director White's full presentation is attached to these notes for reference.

3. Framework for Enhancing Student Learning

Superintendent Bocking provided an update on the requirements of the framework. He noted that requirements for multi-year school plans reflect many of the plans that are already in place, including school plans, the Strategic Plan and reports created through the Learning Together Initiative. A framework, including an annual reporting process, must be submitted to the ministry by March 31<sup>st</sup>, 2016. Information will be brought to then next Education Committee and then to the March Board meeting for consideration of the board.

4. Curriculum (*standing item*)

Curriculum Coordinator, David Barnum, reported on the January 4<sup>th</sup> Non-Instructional Day and indicated that it was well received by staff. Feedback provided after the event has been positive and many groups are continuing to meet following the session. The curriculum implementation committee meets again on February 11<sup>th</sup> for further planning. Principals are working with teachers on collaborative projects.

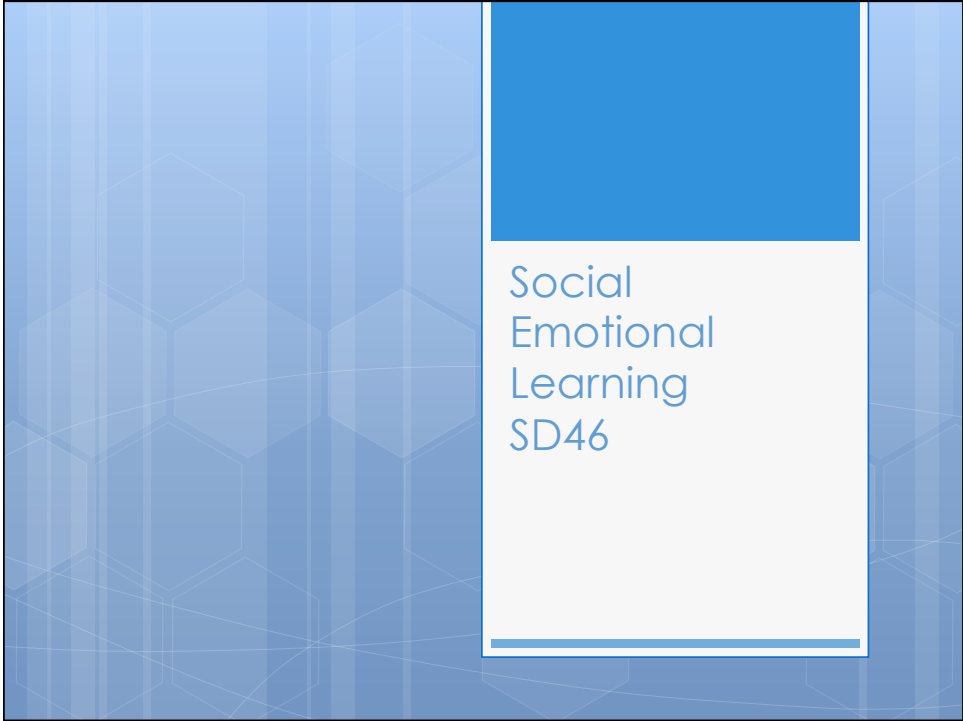
Additional information on the new curriculum can be found at <http://curriculum.gov.bc.ca>.

5. Parent Engagement (*standing item*)

The committee discussed the use of FreshGrade as a reporting tool. Information was shared regarding tentative plans for a literacy night being discussed at the Parent Teacher Communication Committee. The committee hopes the evening will provide an opportunity for parents to engage in their children's education.

The meeting adjourned at 2:37 p.m.

**Next Meeting:** February 24<sup>th</sup>, 2016 from 1:00 p.m. to 2:30 p.m. at the School Board Office.



## Social Emotional Learning SD46



## Our Counselling Model

- Traditionally – 1:1, some small group, limited classroom
- Crises don't always happen on "counselling day"
- A lot of 1:1 needs more than school counselling
- Never enough time – not sustainable
- Being itinerant – its hard to connect
- At heart, they are teachers!

## A Shift

- Flipped the triangle
- Teach all students the skills
- Increases the knowledge base
- Reduces stigma
- Connects counsellor to staff and students
- Power in numbers!

## What do they do?

- SEL direct instruction
- Friendship skills
- Anxiety prevention – FRIENDS program
- Second Step – conflict resolution
- Sexual Health Education
- Sleep, nutrition and self-care
- Mindfulness – Mind the Gap
- Cyber safety and Sexual Exploitation safety – Kids in the Know
- My page is too small!!

## Circle Project

- Grant through Sue Lamb and the Restorative Justice program
- Evidenced based/well researched
- CASEL
- Started small...now we're running out of time and money to keep up!
- Video

## Used for....

- Community building
- Instruction
- Test prep
- After a lesson
- After recess/lunch
- Start of the day
- Conflict
- Triangle model

## Partnerships

- Shared Care Drug panel with local doctors and psychiatrists, Frances Ardron
- Survey with Grade 9's – CYMH
- Health Promoting Schools – PHN
- McCreary
- MDI
- VTRA – RCMP and MCFD

## Special speakers

- Out in Schools/Call Out – LGBTQ
- TCO squared – Sexual exploitation safety
- Anxiety – Michele Kambolis? DPAC

## Service Learning

- WE Day
- 170 students, 21 adults
- Local and global
- Speaker visited in the fall
- All schools next year!

## Training for Adults

- CPI
- VTRA/ERASE
- MHFA
- Suicide response
- LGBTQ Health
- Sexual Health - Options
- Need: Critical Incident refresher
- Coming March 8<sup>th</sup> – Psychosis and ADHD