



DPAC

District Parent Advisory Council
School District 46 - Sunshine Coast

May 2022 DPAC Minutes - DRAFT

Date: May 26, 2022 | Time: 7pm Location: Zoom

Greetings and Introductions

In Attendance: Scott Davis (Chair), Ewa Kusmierk (VP/KES), Tracey McClelland (Treasurer / MPE), Miyuki Shinkai (Secretary & BCCPAC Rep / ESS), Emily Doyle (GES), Udo Rosenberg (SCAS), Nicole Andreassen (HMBE), Tamara Hedden (CGE), Kundi (CSS), Kate Kerr (Superintendent), Stacia Leech (Trustee Rep)

Regrets: Andrea Glickman (Director-at-large /RCE), Jane Van Klinken (CSS), Karla Shields (LES), Urszula Dragowska (CGE), Aspen Wing (WSE), Jen Boulton (DBE), Rachael Eastman (MPE), Cherie Stone (PHSS)

7:05 PM Approvals:

- April 28, 2022 Meeting minutes approved by all m/s/c
- May 26, 2022 Agenda m/s/c

7:10 PM Guest Presenters –

- 1) Laurie Chiasson, Youth Vaping [Q+A]
 - Recent statistics show North shore and Coast regions average of vaping activity increases from 22% to 34%. In BC, all vaping liquid contains nicotine. Vaping: The Hit Your Brain Takes.
 - Connections between Nicotine and Mental Health. E- cigarette users have double the odds of having a diagnosis of depression. Vaping can worsen symptoms of anxiety and amplify feelings of depression. Nicotine use is significantly associated with higher levels of conditions like ADHD.
 - When a person stops smoking and/or vaping, it breaks the addiction to nicotine and reduces health related risks. It can also improve mental health.

Here are a few resources that parents may find helpful:

[Talking with teens about vaping: Tip sheet - Canada.ca](#)

[Vaping 101 ParentsSACY.final_0.pdf \(kelymentalhealth.ca\)](#)

[1168-Vaping Parent'sHandout Final R2 \(bclung.ca\)](#)

[Learn About Vaping | QuitNow](#)

[Substance use - Province of British Columbia \(gov.bc.ca\)](#)

[Quick Facts on the Risks of E-cigarettes for Kids, Teens, and Young Adults | CDC](#)

[Vaping: The Hit Your Brain Takes by the Addiction Policy Forum](#)

If you have any questions or would like her to deliver another presentation with a specific topic,

Contact: Laurie Chiasson - Chiasson, Laurie [VCH] laurie.chiasson@vch.ca

Tobacco & Vapour Reduction Coordinator

<https://sd46.bc.ca/wp-content/uploads/3240-Student-Substance-Use-.pdf>

<https://sd46.bc.ca/families-and-students/health-supports-resources/>

2) Phyllis Dyson – Phyllis is a parent and teacher of SD46 for over 15 years. She holds a Graduate Diploma in Special Education, is a longstanding member of the BC Schizophrenia Society and is the published author of Among Silent Echoes: A Memoir of Trauma and Resilience.

Kids in Control Program by empowering children and youth

- Resiliency is not about making children tough. Resiliency is the ability to work through difficult times and manage emotions.

- Ensouling Our Schools: Mental well-being is part of the BC curriculum up to Grad 10. Teachers more aware of the effects of trauma studies show students cannot learn at an optimal level if they have social-emotional struggles.

Flexibility and choices in the classroom so students can successfully and positively engage in school. Teach students about their emotions and provide tools. Anxiety and Depression not schizophrenia or Bi-polar Disorder.

- The zones of Regulation

- School Resource Teacher or Counsellor

- Family navigators or Parent Peer Support worker:

Jaquie Chess 1-855-887-8004

Kids in Control kidsincontrol@bcss.org

Others: Dr. Vanessa Lapointe-Child Psychologist

www.familysmart.ca

www.foundry.bc.ca

www.keltymentalhealth.ca

Mental Health Foundations

- Free Mental Health Apps:

Mental health can go unnoticed in tweens and teens. In today's rapidly changing world, (and coping with a pandemic) children face unique social and emotional challenges. Kids are experiencing greater pressures earlier in life, and feel more stress and anxiety than ever before. This collection of top-notch apps will help children with everything from anger management to emotional identification to meditation while encouraging a healthy lifestyle. They also support positive mental health for children and youth.



Mindshift- to help young adults cope with anxiety, by acting as a portable coach that guides users through challenging situations. Designed in collaboration with Anxiety Canada, this app teaches users how to relax and helps them identify active steps to directly face and take charge of their anxiety. Tools address everyday situations that contribute to increased levels of anxiety, in order to help users change their overall relationship with anxiety. The goal is to help young people learn and practice anxiety coping skills.



Headspace: Helps adults and kids with sleep and aims to keep “calm and focused” through short meditation exercises. Kids can follow the instructions and are reminded by the app to meditate each day. They can develop the habit of making time for personal growth and self-reflection in different situations, such as bedtime and waking up. Used by mental health professionals and licensed therapists in medical sector.



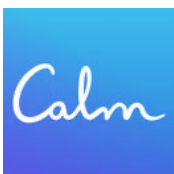
Moodpath is an interactive depression and anxiety screening program. This app tracks psychological, emotional and physical health over a two-week period in order to generate a personalized mental health assessment that users can discuss with their physician or therapist. Teaches users about the psychology behind their mood, signs of depression, and psychotherapy. One of the best apps that help youth and young adults with mental health struggles that include CBT (Cognitive Behavioural therapy) and wellness.



Smiling Mind is designed to help people pressure, stress, and challenges of daily life. An especially good choice for the younger users out there. Smiling Mind offers programs for a variety of age groups from as young as 7 to adults. The app has an easy-to-use interface for keeping track of your progress over time, both in terms of how many sessions you complete and how your emotions change.

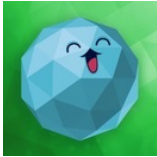


Breathe, Think, Do with Sesame: Even children aged two to five can become more aware of their own emotions. Uses Sesame Street characters to help teach them skills such as problem-solving, self-control, planning and perseverance. Includes a parent section with resources.



Calm Good for beginners to advanced users. Guided meditation sessions available in increments from 5-25 minutes so you can choose the perfect length to fit with your schedule. 100+ guided meditations to help you manage anxiety, lower stress and sleep

better. Sleep Stories are soothing tales read by well-known voices to help people unwind and fall into a deep sleep each evening. Also enjoy 10 minute guided video lessons on mindful movement and gentle stretching.



Mindful Powers TM is one the best mindfulness apps aimed at children aged between 7 and 10. The child-friendly graphics have a dreamy quality and the audio is something of an ethereal soundscape. Guided stories lead children towards calmness and focus while a timer option helps them to apply what they have learned to real life.



If your child is a nighttime worrier kept from sleep by an unquiet mind, consider **Children's Bedtime Meditations for Sleep & Calm**. Includes six meditations that can be added to with in-app purchases. The gentle stories, soothing music and soft sounds are designed to calm and distract the mind so that children can drift off to sleep naturally. Try it once, for free, and see how it works. There's nothing to lose and a good night's sleep to gain.



For Me Even the most attentive parents might not be fully aware of any anxieties or problems that their children might have. Made and supported by the charity Childline, For Me provides help and guidance for those that need it, both within the app and through easy connection to a counsellor. Encourage your child to have it on their device so if they do need help, they have a starting point and it is one that has always been there, not one that has been pushed on to them because of their problems. Even if they do not need it for themselves, it might help them support a friend who does. ****Not available on androids**



What do you get when a game developer works with an occupational therapist? **Zones of Regulation**, it seems. The game developer's sense of style and fun engage children with this app while the occupational therapist's influence guides children towards better control of their emotions. Many SD46 teachers use this program that uses colours to teach students to be in tune with their emotions.

Social-emotional health is part of the BC Curriculum and is being infused into classroom learning. Studies show that students can't learn at an optimal level if they have social-emotional struggles. **Blue**—sleepy, sick, sad ☹️ **Green**—optimal learning 😊 **Yellow**--caution—anxious, scared, **Red**- anger, out of control

Other resources:

<https://www.anxietycanada.com/learn-about-anxiety/anxiety-in-children>

<https://westcoastfamilies.com/sleep-apps-mental-health-kids>

foundry.bc.ca

kelymentalhealth.ca

[Mental Health Foundations](#)

7:40 PM Regular reports:

•Chair report: Scott Davis

DPAC Chair Report May 26, 2022 Scott Davis - sdavisarch@gmail.com

My chair duties were primarily meeting, communicating and receiving email, newsletters and updates on four topics.

1) Zoom Meeting - Wednesday May 18, 2022, I attended a Zoom meeting with Johan Stroman and Miyuki Shinkai to discuss DPAC and PAC's involvement with the upcoming Bike to School initiatives May 30th to June 10th.

2) District Family Engagement Committee Meeting. I received an email reminder that the meeting was held May 16th at 3:45.

3) SD46 New Release May 13 I received an email from Stephanie announcing 66 new childcare spaces coming to Pender Harbour and West Sechelt. This is posted in our DPAC information.

4) SD46 Regulations May 17 I received an email from Stephanie with copies of three regulations that are being circulated for 10 weeks. These are posted in our DPAC information.

•Treasurer's report: Tracey McClelland

Gaming Account

Opening Balance September 1, 2021 \$3,923.92

Gaming Grant received \$2,500.00

Expenses Paid

11/24/2021 #143 Kevin Lamoureux \$2,000.00

10/31/2022 Bank Fees - Oct \$2.50

12/13/2021 #144 Foodsafe x 2 MPES \$250.00

11/30/2021 Bank Fees - Nov \$1.25

12/13/2021 #145 Tracey - BCCPAC Yearly Fees 2022 \$150.00

12/31/2022 Bank Fees -December \$1.25

02/15/2022 #146 Relationship Maters Kim Barthell \$2,500.00

02/21/2022 #147 Jana Curll - Foodsafe DBESPAC \$105.00

02/28/2022 Bank Fees - February \$2.50

03/30/2022 #148 Miyuki Shinkai - Foodsafe ESS \$104.95

03/30/2022 #149 BCCPAC conference \$275.00

04/08/2022 #150 Meaghan Spithoff - Foodsafe RCE \$104.95

04/30/22 Bank Fees April \$3.75

05/15/22 Refund – Refund BCCPAC Conference balance -\$205.00

Total Expenses paid \$5,296.15

Reconciled balance as of May 26, 2022 \$1,127.77

Committed Funds

Langdale Foodsafe x 2 \$220.00

G7 Parents Night @ESS \$250 (Tracey will need written request for funds from each PAC and receipts afterwards per gaming requirements.)

G7 Parents Night @CSS \$250 (Tracey will need written request for funds from each PAC and receipts afterwards per gaming requirements.)

G7 Parents Night @PHSS \$150 (Tracey will need written request for funds from each PAC and receipts afterwards per gaming requirements.)

Balance remaining to spend from Gaming \$257.77

Operating Account

Opening Balance \$980.44

Expenses Paid

Bank Fees (July -April) \$25.00

Flowers for Jo \$57.12

Balance Operating \$898.32

7:50 PM Board reports:

•Superintendent's report: Kate Kerr
DPAC - SCHOOL DISTRICT 46 –SUNSHINE COAST Superintendent's Report
Submitted by Superintendent Kate Kerr
May 26, 2022

1.Circle of Care: Students

A. Food Program Survey: SD46 and community partners seek to improve supports for all students by increasing the consistent access to healthy food in schools across the district. In an effort to learn how we can best support all students in our district, the Food in Schools Committee released an exploratory survey. The survey was open for two weeks, from April 20th-May 4th. We had a tremendous response with over 900 families participating. A student survey is now currently circulating through all of our grade 4-12 students until May 20th. The staff survey will be released at the end of May. Once the information from all of the surveys is received and collated, the Food in Schools Committee will then examine the data to inform next steps. (1g)

A. Inspire, Create and Innovate: We have launched Innovation kits in all SD46 schools' libraries. Just like you can borrow a book from your school library, a student can now borrow an Innovation kit. The two Innovation kits that are now available are the Makedo Innovation kit and the Ozobot Innovation kit. Makedo is a kit with kid-friendly tools for building and creating anything from animals to cars with cardboard. The Ozobot Innovation kit has a small 'artsy' robot that follows coloured lines drawn on paper which will allow the robot to go fast, change

colour, or even spin around like a tornado. There are also various Innovation kits available for classes to borrow, including Dash robots, a Makedo classroom kit, Microbits, Spheros, a 3D Printer and more.(1j)

B. Elementary ArtStarts Performance of Axe Capoeira: Elementary schools were treated to a martial arts/dance performance from Axe Capoeira this month. These performances are made possible by funding from ArtStarts and SD46. (1k)

C. Graduations and Leaving Ceremonies: All graduation events and grade 7 leaving ceremonies across the district are happening again in-person this year. It is such a joyous time of year and we are so looking forward to the opportunity of celebrating together again this year! (1L)

2.Circle of Care: Staff

A. Pro-D Day sessions with Kevin Lamoureux: Over 250 staff joined the April and May sessions for these moving and thought-provoking session with Kevin Lamoureux. This year, Kevin Lamoureux has been guiding us in the work of 'Ensouling our Schools' through a series of ZOOM sessions provided on professional development days. (2b)

B. Communicating Student Learning on the Sunshine Coast: This year, teachers across the district have been learning about the design of standards-based assessment and reporting. We are developing goals linked to learning standards, creating proficiency scales, and practicing how to collect a wide variety of evidence. Many teachers have been reading the book 'Rethinking Letter Grades' and are having conversations about the WHY and the HOW. In April, teachers participated in the last session of the in-service series, where they created CSL Planning Charts & Proficiency scales with colleagues and Katie White was with us for 3 sessions this May focused on 'Softening the Edges' of Assessment. (2b, 2d)

C. Mental Health in Schools Conference: Our counsellors participated in the Ministry of Education and Child Care Mental Health Conference held on May 5th and 6th. The theme of the conference was Mental Health in the Classroom, with a focus on embedding mental well-being in the learning environment. (2b, 2d)

D.ePortfolio Open House: 45 teachers and administrators, representing 10 different schools and District Services, met at Chatelech's library to discuss the future of ePortfolios in SD46. Staff were presented with a mix of updates from our Teacher Focus Groups, viewed introductory videos from potential ePortfolio platform providers, and then participated in round-table discussions focused on what we value about ePortfolios moving forward. A follow-up survey has been made available to those who attended, and the information collected will help us move closer to selecting a replacement in time for the next school year.(2d)

E. SPARK! to Secondary: This virtual offering for all parents with children entering high school next year is supported by a grant from United Way of the Lower Mainland's School's Out program. Four evening sessions in April and May covered the topics of the emotional world of adolescence, navigating the secondary social scene, supporting healthy independence, supporting success with homework and routines and keeping the lines of communication open.(2e)

3.Circle of Care: Community

A. Vision Zero Grant for Active Travel: SD46 is receiving \$20K in funding from Vision Zero to improve road safety for staff, students, and their families on the Sunshine Coast. SD46 in partnership with Transportation Choices Sunshine Coast and Vancouver Coastal Health will use the funding to expand on its 'Best Routes to School' active transportation maps, to identify the safest routes for cycling and walking to school/work to encourage children and adults to remain active on the Sunshine Coast. The project intentions will also include: active travel months, bike safety training, bike trains/walking school bus pilots and student and school community engagement. Another goal of the project is to see active transportation as an opportunity for climate action. Supporting students, staff and the school communities to engage in active travel addresses student needs,

supports learning and provides an attainable and uplifting activity which gives everyone agency to be part of the solution to addressing climate change. These initiatives will be rolled out during the active travel months of May and September of this year. (3c, 3d)

B. Mental Health and Substance Use Committee: The Sunshine Coast Child & Youth Mental Health & Substance Use Committee is a group of people from various professional organizations who have met regularly to discuss the needs of children and youth in our community. Research has shown that the transition between grade 7 and high school is a critical time, where youth may first experiment with alcohol and cannabis. The purpose of this panel is to provide factual information, from trusted professionals, to encourage good decision making and to introduce the students to community resource personnel who they could seek out for support. This year, students watched a short video presentation put together by our panelists during the week of April 26th-29th followed by live, in-person school visits the following week of May 2nd-6th. Follow-up visits provided the opportunity for students to ask questions and for important discussion and collaboration time between the panelists and the students. (3c)

•Trustee report: Stacia Leech

May/June 2022 PAC - Trustee report - Trustee Stacia Leech - Submitted as written.

- At the end of April trustees attended the Student Forum, hosted by Chatelech Secondary, and our District Student Leadership Team. Hearing directly from the students what matters to them and what their thoughts are about school life is a good way for trustees to stay in touch. The report of the emerging themes was reviewed at our May committee of the whole. The 8 questions asked at the forum were:
 - a) What has been your experience or what have you seen in your fellow students that has made them feel stressed or anxious?
 - b) What can be done in schools to reduce the stress or to help students to cope with stress?

- c) What do you think your school can do to improve their environmental impacts?
 - d) What could your school do to support the voice of students?
 - e) Some students engage in unsafe activities including drug use, smoking cigarettes, vaping, etc. How do you think our school communities should address these issues with students?
 - f) What goals would you like to achieve and through which courses that are not currently available or that don't fit into your schedule?
 - g) What would be helpful to you that would make you feel more prepared for post- secondary education?
 - h) What can be done in your school to help all students to feel welcome and to ensure that everyone feels safe and belongs?
- For our May regular board meeting we returned to the board office and opened the meeting up for guests to attend. Our committee meetings will continue on zoom for the time being.
 - The School District 46 2022/2023 budget was passed at our May board meeting. Our financial position is healthy due in large part to the excellent work and decisions made by the senior management team and specifically our Secretary Treasurer, Nicholas Weswick.
 - Our Ad Hoc Internal/External committee continues to meet to review which committees and tables are relevant to the work of the board. There are many community committees and tables meeting regularly on the Sunshine Coast a strategic approach is helpful in determining how to wisely use the resource of trustee's time.
 - We were excited to hear from Secretary Treasurer Weswick that our District has been approved for new child care spaces at West Sechelt Elementary and also a new child care centre at Madeira Park Elementary. Our Districts has focused on building our capacity to successfully apply for grants to support our students, families and communities for the past decade. And our partnerships with community organizations really do demonstrate that it takes a village.
 - At our Education Committee we heard about environmental education in our District as well as environmental initiatives and activities for students.
 - Environmental leads are being established at school sites to build a community of dedicated educators who can share resources at their site,
 - Environmental leads developed a climate change resource kit to support climate change lesson plans,
 - Many school sites are developing sustainable gardens and students are learning about growing food.

Parents are invited to attend the Board of Education meetings; **Next public board meeting: June 8th 2022 7pm, and the committee meeting day is June 14th 2022 10 am to 4pm**

<https://sd46.bc.ca/district-information/board-of-education-and-governance/board-meeting-schedule/>

8:10 PM Committee reports:

- Healthy Schools by Ewa Kusmierek

Healthy Schools Committee Meeting

Date: May 3, 2022 | Zoom

Present: Christa Rive, Kate Turner, Meghan Molnar, Ewa Kusmierek, Tonya Ste. Marie,
Kerry Mahlman, Laurie Chiasson, Stephen Armitage

Agenda:

1. Welcome and Introductions
 2. Roundtable
 3. SD46 Food Program Survey
 4. Grade 7 Mental Health and Substance Use Panel updates
 - a. Grade 7 Teacher evening
 - b. 2022 panel presentations
 5. Other business
 6. Next Meeting Date: June 7th, 2022
-

Minutes:

SD46- Kerry Mahlman

- School district is continuing to work on equity scan.
 - Interesting insights coming forward in relation to healthy schools.
 - 3 layers:
 - 1. People who are very invested in the healthy part
 - 2. People who want to be invested but need more support or further understanding,
 - 3. People who are still unsure, what is partnership? how do we continue with each other?
 - Nurturing the learning spirit- questions about experience of school with young students, canoe trips, forest walks, beach walks, talking and walking side by side. The minute you mix exercise and conversations, you create trust. Students are sharing that they are struggling to feel mentally well, struggling to access the activities

they enjoy to make them feel healthy, good food continues to be a challenge as well as proper sleep, lots of worries about family.

- Looking forward to closing this work and seeing how we can support our students.
- Grade 7 and 8 students coming together to build fires on the beach and talk about what boys their age do, and some of the ongoing concerns about being an indigenous boy on the Sunshine Coast. Expanding these activities so more can be involved. Profound connection time!

VCH-Public Health-Meghan Molnar

- Stepping into kindergarten, screening taking place today and Thursday at Gibsons health clinic to offer 5 year old immunizations.
- Sechelt Kindergarten clinics will take place in June.
- mem7iman clinics will take place on May 10th at the Band hall
- Working with farm to school animator to organize a spring celebration.
- Hired a pilot program animator for the farm-to-school program under a small grant, evaluation is just wrapping up. Hoping to receive the grant again next year. Great work! Working on getting teachers and students to utilize the gardens at the schools.
- Draft BC School food guidelines: <https://healthyschoolsbc.ca/wp-content/uploads/2022/03/BC-School-Food-Guidelines-Confidential-Draft-for-Consultation.pdf>
 - Public Health dieticians have some concerns.
 - There is a Provincial working group coming together to discuss these concerns but the ministry doesn't seem to be open to feedback.
 - Guidelines are not mandatory.
 - Hope they are rolled out in a safe and inclusive manner.
 - Lots of feedback from families as well with the concerns around the proposed BC School food guide. Lots of fear and anxiety around the guidelines.

DPAC- Ewa Kusmierek

- DPAC is meeting last week. Everyone is really keen now that the schools is opening up to families. One of the DPAC members did a survey to find out who is volunteering at the schools- brainstorming ideas for how to attract more volunteers. Some families have never been in their child's school due to the pandemic!
- Nick Weswick spoke about active transportation at last DPAC meeting with regards to safe walking to school. Sd46 has received a \$20,000.00 grant to help support this: <https://sd46.bc.ca/sd46-receives-20k-grant-to-improve-road-safety-in-the-community/>

VCH-Laurie Chiasson

- Deep in the substance use panels this week- going really well!

- Ewa has invited Laurie to the next DPAC meeting to talk about tobacco/vaping use.

SCRD- Stephen Armitage

- Registration opens on May 11th for summer activities, camps and swim lessons.
- YMCA youth centre opened in April for 12-18 years, free 3-7pm- Good start!
- The annual pool maintenance closure will take place at the Sechelt Pool starting Saturday, May 28 to Sunday, June 26, re-opening on Monday, June 27.
- Going through a program review including community engagement, wide spread demographic, all ages, different communities, hoping to use partners and committees to get word out to find out what the population is looking for with regards to recreation.
- On the look-out for new Water Safety Instructors and lifeguards!
- Program guide has been put on hold, info can be found online, in the Coast Reporter, looking at reprinting again in the future.

Food Program Survey

- A very strong and diverse committee, which includes members of CUPE, SCTA, VCH and SD46 Staff, have released a food program survey for Sd46 families.
- Moving forward with careful thought and reasons to gather information.
- Great uptick so far.
- First stage will gather input from families. Almost 800 families have responded so far. 93% of families have responded that they would like to see a district wide food program available daily.
- Second stage will gather the voices from our students in grades 4-7. This survey opens today and is open until May 20th.
- Third stage will include questions for all staff.
- Getting clear on what we want to ask.
- Looking at data on May 17th.
- Planning for further gathering of data, focus groups next year.
- Next year is too soon to commit to rolling out the program.
- It is not the intention to override existing food programs throughout the district.
- Looking at different communications.
- The committee would like to find ways to help and enhance what is already in place.
- Will there be a plan for paid positions to run these programs? This is what the data will tell us.
- Next steps- getting clear on the programs that are already working.

Grade 7 Mental Health and Substance Use Panels

- The panel had a great meeting with grade 7 teachers and elementary school counsellors prior to the launch of the panels. This format was helped the panels have a greater understanding for what is going on in the classrooms. More organized going in to the schools- first time we have done this.
- The Panel visited two schools yesterday. Some schools are chattier than others. It is an empowering and comfortable opportunity to talk about various topics.
- The students deserve the opportunity to ask questions about uncomfortable topics.
- Lots of positive energy.
- Introduces students to various faces in the community where they can connect with trusted professionals and resources.
- Classrooms watched a video prior to the panel visiting in person for follow-up: <https://youtu.be/ObFW0g5eeY8>
- How can we expand for next year?
 - Bringing in someone to speak about body image, youth struggles.
 - Meghan has tried to get into schools in the past, there isn't a great presentation available now but it's something that's being discussed provincially.
 - Big concern right now.
 - Meghan would be happy to be a part of the panel in future years.
 - Possibly a separate opportunity?
 - The language that we use is so important, at home and in the classroom, one word can have such a huge impact.
 - Need to find ways for our culture to value other things than body image.
 - Lots of work to be done.
 - How do we increase awareness around these issues?
 - Are there other ways besides pro-d where we can offer this knowledge and education amongst our educators?
 - Much of this is part of the ideal of indigenous learnings.
 - Going to be working on a knowledge keeper model next year.
 - This could be part of a series.

Next meeting date: June 7th, 2022 | 9:00am-10:00am | Zoom

Join Zoom Meeting

<https://ca01web.zoom.us/j/64341606394?pwd=MDBjdGILaHF6UFN1eW14RFVJdHJsdz09>

Meeting ID: 643 4160 6394

Passcode: 850372

Agenda Items:

1. Review MDI Data
2. Update for food in schools survey.

•Family Engagement by Miyuki Shinkai

1) BCCPAC Conference & AGM were held virtually on April 29 & 30.

- 113 PACs/DPACs participants attended all over from the BC. Conference Recap was sent to reps via email. Info was also shared in SD46 DPAC facebook page.
- Miyuki received proxy and represented SD46 DPAC, LES PAC, ESS PAC, and CSS PAC. Congratulations to CSS PAC for nominating their member, Kundi received a prestigious BCCPAC parents award.
- Many resolutions brought for BCCPAC to lobby Ministry of Education: e.g. Anti-Racism, Anti- peer to peer harassment protocols, path to Truth and Reconciliation. BCCPAC Leadership Summit will be hosted for the executives training in the fall. Stay tuned for more info. Reach out Miyuki for any questions about BCCPAC. Family Engagement Play book will be sent to us in June by BCCPAC office.

2) SD46 Family Engagement Committee meeting was held on May 16th at 3:45pm – 5:15pm @ School Board Office

Next Meeting will be in mid September.

Attended: Kate Kerr, Stephanie Murawsky (Chair), Jane Ostashek, MarkSauer, Bernadette Marie, Miyuki Shinkai(DPAC Representative), Uma Sharma and Tammy Saigeon

Regrets: Laurie MacHale

1.DPAC April Meeting Update | Miyuki Shinkai

a.<https://sd46.bc.ca/wp-content/uploads/April-2022-DPAC-Minutes.pdf>

2.Review of new regulation: 1162 -How to Communicate with Us –Guidelines for Resolving Problems or Concerns –For Students, Families and Care givers

a. This regulation will be going to Board committee and begin the circulation cycle at the end of May.

b. Background: Putting our current family guide communications brochure into regulation

3. Strategic Plan Goal Initiatives and Next Year Planning

a. This committee will meet twice per year going forward: September and June

b. Focus of Committee: Bring three guest speakers on relevant topics in fall, winter, and spring for a district wide families' event.

c. Hybrid model: attend in-person for dinner and connection or via ZOOM, bring in speakers via ZOOM.

d. Homework: Each committee member will research a speaker, find out availability and cost and bring this information to the September meeting for planning.

e. Tentative first speaker plan: Monique Grey Smith via ZOOM for a district wide school Open Houses for families. Wednesday, September 21st. 5-6 pm school open house for staff and families at each school location followed by 6 –7 pm ZOOM session with Monique presented at each school. 'Strengthening the Bridge to School'

- i. Next Steps: Consultation-Bring idea to principals at next Ed Leadership Team Meeting in June, they will bring to their staff and PACs then back to our committee for planning. Connect with Monique to see about availability.
- ii. Prizes! Offer lots of fun prizes: scooters etc.

4. Book Study: School, Family and Community Partnerships -Chapter 4: Workshops |Bernadette Marie

- a. Overview of how to run school-based workshops with families
 - i. One day team workshops and end of year celebration workshops were discussed.
 1. Book is very US based. Maybe can be done in different ways within our established structures.
 - ii. Address six types of involvement:
 1. Parenting activities: information about attendance and getting to school on time–value.
 2. Communicating activities: students' progress and reporting.
 3. Volunteering activities
 4. Learn at home activities.
 - a. Maybe make a flyer/poster with acronym LEARN to help with home-based learning activities.
 5. Decision Making activities for parent voices at the school. Feeling of attachment to school. School Growth Plans?
 6. Collaborating with community activities
 - iii. Engagement games/ice breaker ideas were shared.

•Active School Travel by Miyuki Shinkai

- Screen shared SD46 DPAC Facebook page for the most current information and campaigns. Johan Stroman and DPAC are working together for the Bike to School Weeks starting from May 30- June 10. Needs PAC support on Prize draws and welcome table every morning to check in with students. Do what your PAC can. Next Active School Travel Weeks will be in end of September and early October. Keep going!

- SD46 AT Resources: <https://sd46.bc.ca/families-and-students/active-travel/>
Best routes to School Maps available here, too. (Elementary schools only at this time)

•Education, Operations, Committee of the whole - 4th Tues of month - none

8:25 PM Old Business – DPAC Survey update by Emily – none.

8:40 PM New Business

– \$500 from DPAC savings to fund prizes for Bike to School Initiative

***Spending Motion: Miyuki moved DPAC to fund \$500 from the Operating Account towards SD46 Active Transportation team to help purchasing 2 helmet prizes per school. Seconded by Scott. All in favour. m/s/c.**

Miyuki will follow up with Johan to receive a letter of request and an invoice / receipt and submit to Tracey.

– Covid-19 at SD46 update – no news.

8:45 PM Meeting to Adjourn

Next meeting: September 22nd, 7pm | Hybrid Zoom + In person at Elphinstone Secondary School Library