

January 2023 DPAC Minutes

Date: January 26, 2023 | Time: 7pm Location: Hybrid (In person at Chatelech Library / Zoom)

7:00 PM Greetings, Introductions + Land Acknowledgement

In Attendance: Scott Davis (Chair), Ewa Kusmierek(VP/KES), Tracey McClelland (Treasurer / MPE), Miyuki Shinkai(Secretary & BCCPAC Rep/ ESS),

Karla Shields(LES), Emily Doyle(GES), Nicole Andreassen(HMBE), Jana Curll (DBE), Rachael Eastman (MPE), Liz Bramley(CSS/WSE), Urszula Dragowska(CGE), Stacia Leech(Trustee Rep), Christa Rive (SD46 Director of Instruction for Inclusive Education), Kirsten Deasey(SD46 District Principal of Learning and Innovation), John Lussier(President of SC Festival of the Written Arts), Maria Alips(Artistic & Executive Diretor of SC Festival of the Written Arts), Kate Kerr (Superintendent), Johan Stroman(Guest Speaker). **Regrets:** Udo Rosenberg(SCAS), Cherie Stone(PHSS), Simon Croak (CGE), Briar Hartwell (RCCE).

7:05 PM Approvals:

November 24, 2022 Meeting minutes available on (SD46 website) Moved by Miyuki, Seconded by Emily. m/s/c January 26, 2023 Agenda Approval Moved by Scott, Seconded by Rachel. m/s/c

7:10 PM Celebrating Authors, Books and Community – Creating Connections By: Kirsten Deasey, District Principal, Learning and Innovation, SD46 John Lussier, President and Marisa Alps, Artistic & Executive Director, Sunshine Coast Festival of the Written Arts

- Family Literacy Week, January 23-27- <u>https://sd46.bc.ca/fldcreg/</u> Coastal Voices – Application in March. Poster will be released shortly. Sunshine Coast Festival of the Written Arts: August 17-20, 2023 at Rockwood Centre, Sechelt. <u>https://writersfestival.ca</u>

7:35 PM Exploring a district wide food program by Johan Stroman of Heartwood Solutions Consulting

- Food in Schools – Review Committee Recommendation and Survey Summary PDF attached.

- Discussion around how often and how much each PAC raise funds from Hot

Lunch Program and what money is used for. (eg. PAC subsidizes cost of Field trips, Breakfast Program, Free Lunch for designation, Teachers' Wish List, Sports and Music Equipment, Swimming, Guest Speaker, etc.) Every school and PAC has a different arrangement and coordination. Some PAC provides Hot Lunch Program 1-5 days a week. Some schools work closely with Community Schools. Some are donating homemade bake goods for breakfast program to supplement Community School's food budget all year around. Over all, PACs have been playing a major role comes to Food in Schools planning, programming, fundraisers, sourcing, distributions, engagement, quality & quantity controls, pricing (free of charge to break even value) and volunteer shifts booking. - Most of PACs are struggle to find volunteer parents to commit Food Programming. Opening up volunteers calls to the larger community or secure funding to pay food safe certified staffing were suggested if the district is piloting the Food Program in fall, 2023.

Upgrading kitchen and providing standardized food preparing and cooking space were also suggested. Current PAC kitchens are too small or underequipped to achieve a safe and consistent prepping and cooking operations. Transparency on funding and product sourcing was recommended.
Affordability funding use was asked. The question of its usages in each school should be directed to principal and Community School's coordinator to have a conversation. The funding use expires in June 2023.

<u>Q "Is your PAC interested in supporting SD46's Food Program in Fall,</u> 2023?"

<u>Please send your PAC's feedback to johan@heartwoodsolutions.ca_or</u> email Miyuki, DPAC secretary.

8:00 PM Regular reports:

Chair report: Scott Davis

DPAC Chair Report January 26, 2023

Scott Davis - sdavisarch@gmail.com

Since our last meeting my chair duties were primarily, communicating and receiving

email, newsletters and updates on six topics.

1) <u>BCCPAC – Workshop – PAC, DPAC & BCCPAC Working Together.</u> <u>This Zoom workshop will be presented at our DPAC meeting on April 27,</u> <u>2023 at 7pm. The Zoom link will be sent with our April Agenda as well as</u> <u>our Zoom link. This will be our first hybrid presentation / discussion</u>. 2) Social Media Policies in PAC and DPAC.

In December I approached Miyuki to research DPAC and Tamara Hedden to research CGES PAC about guidelines for our responsibilities for using social media.

3) Circulating School Food Survey.

I received an email from Stacia Leech, Emily Doyle and Elphi PAC asking me to circulate the government of Canada survey. The email was forwarded to DPAC reps and posted in our DPAC information.

4) Gaming Policy Enforcement Branch – December Bulletin.

I received a bulletin with information for societies that receive gaming funds. 5) School Wayfinding Project for Elementary Schools

I received an email from Johan Stroman seeking the DPAC's support for a signage grant application. It was followed up by a reply from Nicholas Weswick that the scope would fall under a district application. I am waiting for clarification before taking action.

6) District Family Engagement Committee Meeting.

I received an email reminder that the next meeting will be held on February 28th.

Treasurer report by Tracey McClelland

SD46 DPAC - Treasurer's Report Jan 26, 2023

Gaming Account			Operating Account		
Opening Balance	November 1, 2022	\$3,287.39	Opening Balance	\$	360.82
Gaming Grant received			BCCPAC Travel Funding	\$	180.98
Expenses Paid					
			Expenses Paid		
			Bank Fees	\$	7.50
			Due to Scott Davis (BCCPAC Travel)	\$	88.75
Total Expenses paid		\$ -	Due to Miyuki Skinkai (BCCPAC Travel)	\$	92.23
Reconciled balance as of Jan 26, 2023 \$3,287.39					
Committed Funds approved at May 2022 meeting			Balance Operating	\$	353.32
Parent night CSS		\$ 250.00			
Parent night PHSS		\$ 150.00			
Balance remaning to spend from Gaming		\$2,887.39			

- Tracey reported that BCCPAC has sent a reimbursement cheque for Scott and Miyuki's travel cost to the summit in November 2023. The cheques are issued.

*Spending Motion – On behalf of ESS PAC, Miyuki moved that SD46 DPAC fund \$800 towards returning "Parenting Teens" 6 weeks workshop at Elphinstone Secondary library, facilitated by Shirley Fell of SCCSS who brought the original program twice prior to Covid. Workshop is applicable to G5 up parents and caregivers on the coast, but not limited to younger children's parents.

- During the discussion, it was recommended to share the information with CSS PAC and PHSS PAC to see if they are interested in hosting while ESS PAC has been hosting Drop in Parents Support group every month and parents requesting more resources around parenting and communicating their teens. **Seconded by Tracey.** All in favour. m/s/c

- Tracey suggested that remaining gaming grant money could spend to send at

least one delegate to BCCPAC AGM.

- If you have any funding use proposal, please contact to Tracey.

8:15 PM Board reports Superintendent Report: Kate Kerr

Superintendent's Report

Submitted by Superintendent Kate Kerr January 26th, 2023

1. Circle of Care: Students

a. Beebots and cutebots: Careers Coordinator Cathy Gordon and Inclusive Technology Teacher Pam Kaatz collaborated to purchase additional coding robots. Based on recommendations from the District's TETT Committee (Teachers Empowering Teachers Through Technology), Cathy and Pam have added six of the new versions of BeeBots complete with a charging "hive" and 15 Cutebots that are programmable with our existing Microbits. We are looking forward to seeing all the wonderful ways staff and students will use these robots to not only explore the Career and ADST curricular competencies, but also all of the core competencies. (1c)

b. MDI & Parent/Caregiver Communication: The Middle Years Development Instrument is kicking off this month in SD46 schools for grades 5, 6, and 7's. The Middle Years Development Instrument (MDI) is a self-report questionnaire that asks children in Grade 4 to Grade 8 about their thoughts, feelings and experiences in school and in the community. It is a unique and comprehensive questionnaire that helps us gain a deeper understanding of how children are doing at this stage in their lives. Researchers working at the Human Early Learning Partnership (HELP) are using results to learn more about

children's social-emotional health and well-being. In addition, the MDI is being used by the district to support collaboration and inform policy and practice. Parent/caregiver communications were sent home before the winter break. (1f)

c. District Grade 6/7 Volleyball Playday at Elphinstone Secondary: On Friday, December 9th, Grade 6/7 students from across the district came together for a day of volleyball at Elphinstone Secondary as part of the annual Elementary Sports schedule organized by the district's Elementary Physical Health and Education Committee. Many thanks to staff and volunteers for making this happen! (1g)

d. Indigenous Grad Requirement Update: As part of the Province of British Columbia's commitments to truth, reconciliation, and anti-racism, the Ministry of Education and Child Care (the Ministry) is implementing an Indigenous focused graduation requirement for all students starting in the 2023/24 school year. The Ministry has prepared parent/caregiver communication tools to help families learn more about this new requirement and the district has also developed an information one sheet to support in this transition. (1h) e. 2021/22 Graduation Rates Released: The results are in for 21/22 sixyear completion rates and SD46 is at the top of the provincial range in all four categories: B.C. residents, Indigenous, Special Needs, and All Students. In 2021/22, 90% of All Students graduated, with B.C. residents at 92%, Indigenous students 81%, and special needs students (students with individual education plans) 78%. (11)

2. Circle of Care: Staff

a. Communicating Student Learning Staff Support Update: In response to feedback from teachers across the district, After School Sessions with In-School Support are being offered this winter to further support staff in their Communicating Student Learning skillsets. After School Sessions will establish the foundation for working together during the in-school time, through the support of experts, examples and resources. In-School Sessions will focus on descriptive feedback and other elements of Communicating Student Learning. (2b, 2d)

3. Circle of Care: Community

a. Nicholas Sonntag Marine Education Centre (NSMEC) Programs: Annually, the district and schools work with our partners at the NSMEC to support classes in attending the following programs: Sea Stars and Friends (K and Grade 1), Biodiversity of the Salish Sea (Grades 2/3/4), and Human Impacts of the Salish Sea (Grades 5/6/7). The programs are delivered in 3 parts (in-class visits as well as visits to the Centre), providing a comprehensive experience, and allowing a discovery of our local marine biodiversity. In the fall, the Human Impacts of the Salish Sea was offered and the Biodiversity of the Salish Sea is about to start this month. (3c)

Trustee report: Stacia Leech

Submitted as written by Trustee Stacia Leech.

- A note from Chair Amanda Amaral:
- "December brought the commencement of our Board orientation and the beginning of our Board evaluation. As we move through both processes we are exploring what ethics means to us and how this definition shows up in the work of our board. What we learn will help inform out next steps in our strategic planning and I have no doubt will influence our new strategic plan and direction. We are excited to share our findings with you in the coming months".
- We have one regulation circulating that parents might be interested in -Reg. 1170 Appropriate use of SD46 Technology/Network. You can find information about the proposed changes here: <u>https://sd46.bc.ca/wp-content/uploads/1170-Internet-Apppropriate-Userevised-cirulatingfeb123.pdf</u>
- SD46 Student Trustee Annalisa Achee reported that the grade 10 District Student Leadership Team selection process was underway and interested applicants are now being interviewed.

 SD46 has entered into a partnership with School District #48, Sea to Sky, and together we have received a grant to offer a duel credit Early Childhood Education program to grade 11 & 12 students. This program will offer a clear, accessible career pathway for senior secondary students. Students will be further supported by the ability to do practicums in SD46 Strong Start and Seamless Day childcare programs. You can read more about this program on our website, via the December 9 2022 Superintendents report:

https://sd46.diligent.community/Portal/MeetingInformation.aspx?Org=Cal& Id=264

- On February 4th, 2023 SD46 is offering a Parenting Teens workshop with Sue Lamb and Sarah Joseph two of our Family Support Navigators. The workshop runs from 9:30 am - 3:30 pm at the Sechelt Early Learning Centre on Shorncliffe Road. You can register here: <u>https://sd46.bc.ca/parenting-teens-workshop/</u>
- On Friday Jan. 27th at 11 am and 4 pm you are invited to attend the Family Literacy Day Celebrations with Rick Scott at the Roberts Creek Hall. Registration is still open for the 4 pm performance: <u>https://sd46.bc.ca/fldcreg/</u>
- And don't forget Kindergarten registration begins February 13th. Kindergarten students must be five years of age on or before Dec 31st, 2023. More information here: <u>https://sd46.bc.ca/kreg2023/</u>

Parents are invited to attend the Board of Education meetings; **Next public board meeting: January 11, 2023 and February 8, 2023 7pm, the committee meeting day in January Is Tuesday 24**th.

https://sd46.bc.ca/district-information/board-of-education-and-governance/board-meeting-schedule/

8:30 PM Committee reports: Healthy Schools by Ewa Kusmierek

Healthy Schools Committee Meeting

Date: December 6th, 2022 | Zoom

Present: Eva Kusmierek, Sue Bailey, Kate Turner, Christa Rive, Alison Dobbie, Carol McGuire, Meghan Molnar and Lizzie (5th year dietician intern), Laurie Chiasson, Stephen Armitage

Agenda:

1. Welcome and Introductions

- 2. Healthy Schools Committee Goals
- 3. Round Table Updates | All
- Sunshine Coast Child and Youth Mental Health and Substance Use Collaborative Care Conference: Outcomes and Goals in relation to the Healthy Schools Committee. | Christa
- 5. SD46 Mental Health Initiatives for the 2022-2023 School Year | Sue
- Gender Based Violence Prevention in BC Schools | Allison https://news.gov.bc.ca/releases/2022ECC0090-001808
- 7. Food in Schools Update | Christa
- 8. YDI Presentation | Sue
- 9. Other Business
- 10. Next Meeting Date: Tuesday February 7th, 2023 | 9:00am

Minutes:

Round Table Updates

VCH- Tobacco & Vapour Reduction -Laurie Chiasson

- Great year starting in September, many thanks to Sue Bailey, this position has been an excellent addition.
- Feeling well embedded in the high schools, working with many teachers and bringing information into the classrooms. Working on small committees with Sue- understanding the harms of vaping, problematic vaping in bathrooms, aligning with the BC curriculum.
- Looking for updated signage for school property- including vaping, tobacco and cannabis- connect with Rob Collison in SD46 Maintenance.

SCRD-Steve Armitage

- Have been having issues with youth vaping in facilities.
- Success recently with youth-based programs- especially the upcoming one being offered during the winter break- still struggling finding instructors, programs are filling up quickly.
- Tomorrow is registration opening for winter season sessions.
- Life program resets-free passes for those who need it- people are able to apply for the 2023 program. Families/individuals can also be referred

through an agency. Apply here: <u>https://www.scrd.ca/recreation-low-income-support</u>

VCH-Public Health-Alison Dobbie

- Kindergarten hearing and oral health screenings are happening at schools this fall up until Christmas holidays. They are a provincial program offered by Public Health to every K student in the province in accordance with guidelines from the Ministry of Ed & Ministry of Health. These annual K screenings were unfortunately paused during the COVID-19 pandemic but have recommenced this year. An info letter is sent to every kindergarten student's family in advance and parents/guardians have the opportunity to opt out if they wish.
- Busy fall with immunizations. Tried a different approach with grade 6's this year- blitz in the fall- good approach, plan to do this again in the spring. Seemed to be an efficient way to do it.
 - Grade 9 vaccinations will take place at the end of January-February.
 - SCAS takes place throughout the year.
- McCreary will be rolled out in the new year. Working with SD46 to implement this in the high schools.
- Analise Hassler provides services in the youth clinic in Pender Harbour and visits the high school twice per month.

VCH- Public Health Dietitian-Meghan Molnar

- Team has finalised a few updated resources- went through a process of archiving many. Promoting positive body image has been finalized.
 Would like to do some workshopping with teachers around this resource.
 - o Promoting Positive Body Image
 - Focus on Health not Weight VCH Paper (being updated in 2023)
- Also Eating for Performance resource has been updated.
 - o Eating for Peak Performance:
- Farm to School is still going strong. Conversation in the garden and share resources.
- Meghan's role is slowly changing, PH Dieticians are being managed regionally.
- ESS has a garden club that Naomi could be connected with-Sue to connect with Meghan around this. There is an Athletic director in each school-could connect with them.
- MHL team may be interested in the Positive Body Image resource and would benefit from a further conversation around the resource. Could partner to put on an informational series.

- Culture change and language change will not happen overnight.
- Pro-D Day in April could be an option. Hasn't worked in the past, teaming up with a teacher may be a better way to do it.

DPAC- Ewa Kusmierek

- Nicholas Weswick attended the last DPAC meeting to share info regarding the Ministry's one time Affordability Funding.
 - Discussed how the cost of food is impacting families- an apple costs more than a handful of granola bars.
 - Lots of things going on around the district with regard to food in schools.
 - WSES purchased a fridge that is stocked daily with snacks.
 - Funds were distributed throughout the province.
 - Lots of discussions about how the funds would be distributed throughout the district based on the needs of each individual community.
 - ESS is looking at a pilot project to help distribute food to their feeder schools.
 - Money needs to be spent by June.
 - Really needs to be positions to support food in schools.
 - Many Families require dual incomes today, which really effects the volunteers in our school system.

VCH-Public Health-Carol McGuire

- Youth Clinics are continuing:
 - Pender Harbour-Tuesdays
 - o Gibsons on Mondays 3:00pm-5:30pm
 - Sechelt on Wednesdays from 3:00pm-5:00pm.
- More funding for Long-acting reversible contraceptives (LARCs) LARCs include the copper Paragard <u>IUD</u>, the hormonal (progesterone) Mirena <u>IUD</u>, and the <u>hormonal contraceptive implant</u> (effective for 10, 5 and 3 years, respectively). More effective than taking pills or patches.
- Youth clinic offers STI (Sexually Transmitted Infection) testing.
- Getting drop-ins for emergency contraception.
- Lots of last-minute bookings in the youth clinics.
- Hasn't returned to the boisterous drop in that took place prior to COVID.
- Seeing more mental health concerns.
- Exploring other supports for mental health.
- Starting to plan for the 2023 kindergarten screening.
- Hoping to use the EYC in Sechelt again- worked well.
- Meeting with the nation to plan their event.

SD46-Secondary Safer School District Counsellor-Sue Bailey

- New position this school year
- Working to arrange TCO2 workshops in all schools in the spring- Taking Care of Ourselves, Taking Care of Others (TCO²) is a unique workshop designed and delivered by youth, for youth about preventing sexual exploitation. Using monologues, role-plays and engaging activities, two young adult facilitators involve participants in a meaningful and interactive discussion of what sexual exploitation is, who is involved, and how to prevent it from happening. Following each workshop, TCO² provides a safe space for youth to ask questions and come forward with disclosures about any concerns they have.
- Connecting with Laurie regarding Vaping and Tobacco reduction in our schools.
- Attending Provincial Committees with Christa to find out what is going on around the province
- Using the MDI and YDI to get into the classrooms to start this important work. MDI will take place between end of January – Mid February, YDI will take place End February-Early March.
- Mental Health Literacy- supporting teachers In PE Health Curriculum.
 - Using YDI as a vehicle to get into the older groups for mental health
- Running a Refugee group at ESS
- Tons of resources- helping get the resources into the hands of those that need them.
- Critical Incident Team-planning for upcoming training for our district team and some community partners.
- Would love to see a Mental Health and Substance Use Panel in the high school in the new year.
- Family day week- bringing all the grade 11 students to the Seaside Centre. Day 1- Train the trainers (students), Day 2-they observe
- John and Sue have used the Concordia consent agreement and with the support of Jessy Wollen from Shift Education have revised it for our district- ESS to implement the agreement second semester.

CARD-Consent and Respect Discussions

- New guidance for educators and information for parents and students aim to give students a better understanding of consent and help prevent gender-based violence in B.C. schools.
- New Ministry Tools around Consent: <u>https://news.gov.bc.ca/releases/2022ECC0090-001808</u>

- Elementary Resource: <u>https://curriculum.gov.bc.ca/sites/curriculum.gov.bc.ca/files/pdf/subject/ph</u> <u>e/Supporting_Student_Health_Elementary.pdf</u>
- Secondary Resource: <u>https://curriculum.gov.bc.ca/sites/curriculum.gov.bc.ca/files/pdf/subject/ph</u> <u>e/Supporting_Student_Health_Secondary.pdf</u>

Sunshine Coast Child and Youth Mental Health and Substance Use Collaborative Case Conference

- Really great morning.
- Amazing collaboration
- Data has been synthesized and collated into a report to help inform next steps to help remove barriers for children and youth on the Sunshine Coast.
- The conference helped agencies to learn how could we work together to learn more about each other.
- How does it relate to HSC- So many connections. Body image, drug and alcohol, lots of opportunities for connection.
- Committee will create an action plan for next steps.
- In times when things are short and hard, these connections are more important than ever.
- Great to have the mix of agency at each table.
- Wonderful to see the robust youth services at the shishalh Nation.

SOGI-Sexual Orientation Gender Identity

• Seeing a lot more questions around SOGI- ACTION: add to next meeting agenda.

Food in Schools Review Committee

• Pivotal point right now, pulling all the information together to make recommendations based on data and information so far.

YDI Presentation-Sue

https://docs.google.com/presentation/d/1yVf7QaD0PSL6OFcC9EN6daHvrIZDz2 YQ/edit#slide=id.p1

Lots has come out of this.

Include YDI infographics in the minutes.

Dr. Goupta and Dr. Walter are offering a CBT information session for health care workers. -Learn more about this at the next meeting.

Goals:

• Add to next meeting- what do we value, what do we believe in for this group? Email topics out to group to gather input for next meeting.

Next Meeting Date: Tuesday, February 7th | 9:00am-10:30am | Zoom

Join Zoom Meeting

https://ca01web.zoom.us/j/64341606394?pwd=MDBjdGILaHF6UFN1eW14RFVJ dHJsdz09

Meeting ID: 643 4160 6394 Passcode: 850372

Family Engagement by Miyuki Shinkai

1) Parenting Teens Workshop coming up in February 4, 2023. 9:30am- 3:30pm at Early Learning Centre in Sechelt. Facilitated by Sue Lamb and Sarah Joseph. Register by February 1.

https://sd46.bc.ca/parenting-teens-workshop/



2) Next Family Engagement Committee meeting is February 28, 3:45-5:15pm. SOGI presentation and discussion with Vanessa Marie and Christa Rive at SBO. If you are interested in attending, please email Miyuki.

Active School Travel by Miyuki Shinkai

 SD46 applied Vision Zero Grant highlighting many exciting projects – Wayfinding Signages, Walking School Bus Program, Specific Infrastructure Improvement, Bike Skills, etc. DPAC/PACs will be notified when the district receive the grant. LES PAC also applied Vision Zero Grant to provide more safety signage all school zones with the collaborations of PACs and DPAC.
 SC Active Transportation Stakeholders meeting hosted by VCH is on Monday, January 30 at 3:00- 4:30pm via zoom. Contact Miyuki if you are interested in joining in. 3) Trac is coming to present in February meeting to talk about connecting the coast trail for all ages, abilities cycling and pedestrian infrastructure to connect SC Communities. They are seeking a letter of support from DPAC to make their proposal significant to the Ministry. Don't miss it!

Education, Operations, Committee of the whole - 4th Tues of month Typically from 10am – 3:30pm at the SBO for 3 separate committee meetings for an hour and half each. If you can make one of three meetings, please contact to Miyuki / Scott to receive more information.

- Sharing: CSS PAC confirmed that their Cellphone use policy has been effective for students learning. No cellphones are allowed in classes.

8:54 PM Meeting to Adjourn Next meeting: February 23, 2023 - 7pm | Elphinstone Library & Zoom

FYI – SD46 Budget Consultation PPP is posted up here: <u>https://sd46.bc.ca/district-information/board-of-education-and-governance/budget/</u>