



# SCHOOL DISTRICT 46 SUNSHINE COAST

## Healthy Schools Committee Meeting

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**Date:** December 2<sup>nd</sup>, 2025 | Inclusion Support Services, Kinnikinnick Elementary

**Present:** Kate Turner, Meghan Molnar, Laurie Chiasson, Stephen Armitage, Sue Bailey

**Regrets:** Christa Rive, Carol McGuire, Jesy Wollen, Eva McKenzie

### Agenda:

1. Welcome and Introductions
2. Land Acknowledgement
3. Roundtable Updates | All
4. [2023 BC Adolescent Health](#) Survey results- Info Sharing
5. SD46 Student Forum-December 8<sup>th</sup>
6. MDI and YDI Updates:
  - a. MDI: Grade 6 and 8
  - b. YDI: Grades 10-12
7. Student Learning Survey Data on Connection and Belonging-Christa- Tabled

### Next Meeting Dates:

Tuesday, February 3<sup>rd</sup>, 2025 | 9:00am-10:30am

Tuesday, April 7<sup>th</sup>, 2025 | 9:00am-10:30am

Tuesday, June 2<sup>nd</sup>, 2025 | 9:00am-10:30am

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### Minutes:

Roundtable Updates:

#### **VCH- Tobacco and Vaping Reduction- Laurie Chiasson**

Grade 6/7 education sessions booked at all schools. A new game-based format is working well; engagement is higher, though teacher involvement is key. Grade 7s show familiarity from previous work, and the message is landing.

Structure: short intro, then team-based game embedded in the session.

Suggestion: share a one-pager with parents in advance to support at-home conversations.

Interest in including cannabis under the Vaping and Tobacco health umbrella. There are education and care gaps for youth wanting to stop cannabis use. SCYP supports are in place, but education needs strengthening.

PHE at Elphinstone is interested in Laurie supporting instruction.

Program scope:

Grade 6/7: prevention

Grade 8/9: understanding addiction (how someone might recognize addiction)

Sue to coordinate support for Laurie's work at the next Counsellor's Meeting.

### **VCH-Meghan Molnar**

Road Safety and Active Travel

Completed fall road safety blitzes at LES, KES, and GES.

Debrief with ICBC completed; ICBC will resume planning/logistics.

May 25–29: Active Travel to Work and School Week, including two road safety blitz days.

High school presentation available for Grades 10–11 on the Graduated Licensing Program, including impairment simulation with goggles and RCMP participation.

Johan will contact high school principals to schedule; Meghan will ask Louissa Mendoza to review materials for a trauma-informed lens.

Farm to School

Provincial funding was cut last June (website support remains).

Sunshine Coast committee is leading an LSA for environmental education with a focus on school gardens; monthly meetings share practices and resources (e.g., seeds).

Megan Zeny delivered a keynote at the last Pro-D Day.

### **SCRD Recreation-Stephen Armitage**

Preparing for 2026 LIFE program rollout. Link to application: <https://www.scrd.ca/wp-content/uploads/2025/10/2026-LIFE-Application-Form.pdf>

Significant increase in youth use of the Gibsons Rec Centre (weight room, youth centre, squash court, pool table). The space has become a welcoming youth hub.

Sechelt facility lacks comparable “hangout” space; design limits casual youth use.

Staffing: still recruiting lifeguards; Pender Harbour Pool hours reduced.

Suggestion for the exploration of options for notifying facility users of closures via app/text alerts.

### **SD46 - Sue Bailey**

16 Days of Activism

District participated; many counsellors trained in the VIP Program last year.

Partners: Together Against Violence, PHN, SCCSS, VCH Forensic Services.

Women's organization contributed \$300 per school for food.

Chatelech Leadership pre-promoted the event and created purple hearts.

First annual march on Sunday was well attended. Strong participation across all three high schools and the Alt School.

PreVenture (Year 3 of 3-year commitment)

This year at LES, GES, PHSS, and WSE; scaled to fewer schools due to logistics.

End-of-year review will determine future participation. Evidence shows delays in substance use initiation.

YDI (Youth Development Instrument) – Belonging and Connection

Sue participated on the summer expert panel with an SD46 student. “Connecting community” included in the toolkit.

Aim: shift student feelings of connection and belonging.

Question for the group: What additional tools can embed connection and belonging?

Student Forum (DSLTT)- December 8, Camp Byng

YDI team attending along with Sexual Health Educator Jessy Wollen.

Format:

Half will attend a sexual health workshop (feedback on what Gr. 11/12 need and how to teach it).

Half will attend a mental health session using the YDI toolkit (identify vulnerable groups, advise on toolkit components to use this year).

Next steps: convene interministerial partners in the new year to plan community implementation of the toolkit.

RISE (formerly MVP)

Focus: gender stereotyping, gender-based violence, bystander skills (safety-focused), consent and healthy relationships (CARD).

Four sessions for Grade 9s; peer youth leaders trained.

Embedded in SEL. Delivered at ESS; Chatelech is interested.

Vision Pilot

2024–2025: four SD46 schools; 111 students reached

2025–2026 adjustments:

Screening window: January–June.

First screen by optometric assistant.

Students who do not pass receive an in-school comprehensive exam by an optometrist.

Year 2 goal: expand to all SD46 schools, prioritizing Gibsons and Sunshine Coast rural schools, with a focus on kindergarten students.

### **MDI and YDI Updates**

MDI (Middle Years Development Instrument): Grades 6 and 8 participating this year.

YDI (Grades 10–12): focus on connection and belonging; toolkit integration discussed above.

### **Student Learning Survey Data on Connection and Belonging (Tabled)**

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