### FAMILY CHECKLIST

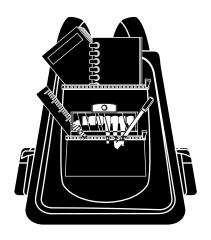
What can families do to ensure a safe and healthy in-school learning environment?

THERE ARE A NUMBER OF MEASURES WE CAN ALL TAKE TO ENSURE WE CONTINUE TO PROTECT THOSE AROUND US.



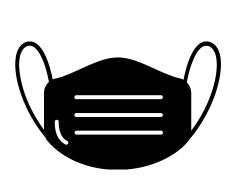
### 1 DAILY HEALTH CHECKS

Families will be asked to monitor children daily for symptoms and not to send them to school if they are showing symptoms of illness. Anyone who is sick will not be allowed in school. Any student who has symptoms of COVID-19 OR has travelled outside Canada in the last 14 days OR was identified as a close contact of a confirmed case or outbreak must stay home, contact their care provider and self-isolate. If you have symptoms, please contact the Respiratory Assessment Clinic by phone or text at 604-740-1252, or by email at coastrespclinic@gmail.com. They are open seven days a week from 8:30 a.m. to 4:30 p.m.



#### SCHOOL SUPPLIES & FOOD

Label your child's school supplies and food /drink containers. Talk to your child about not sharing these items with anyone. Keep things simple by packing only the essentials for the day.



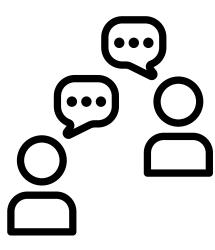
# PERSONAL PROTECTIVE EQUIPMENT

Pack any personal protective equipment such as 60% or higher alcohol-based hand sanitizer and masks. Talk to your children about proper use of PPE and practice good hand hygiene (thorough hand washing often) and respiratory hygiene (cover your coughs).



# BACK FROM SCHOOL PROTOCOL

When children arrive home from school, they should wash their hands carefully. Remember to also wash reusable masks often!



#### STAY POSITIVE

We learn so much from our family. Be mindful of your mindset! If your children hear you speaking optimistically about the school year, they will adopt that attitude. Be flexible and patient and, always remember, we are here for you if you require supports.