

** DRAFT**

Parent Advisory Council Meeting Minutes

January 23, 2020 | *Meeting called to order by* Chair: Jo Thomson 7:00pm

In Attendance

Jo Thomson	Patty Shields	Miyuki Shinkai	Scott Davis
Udo Rosenberg	Marilyn Baines	Kerry Mahlman	Jacquie Ritz
Patrick Bocking	Sharon MacKenzie	Kate Kerr	Christa Rive
Maria Hampvent	Amy Robinson	Nicholas Weswick	Lisa Patterson

Approval of Minutes

Motion: To approve the minutes from last meeting November 28, 2019

Move to motion: Patty Shields, Scott Davis 2nd

The minutes were accepted as presented. All in Favor.

Agenda

Opening comments and approval of Agenda.

Marilyn Baines 1st, Patty Shields 2nd

Presentation

Mental and Physical Health -Kate Kerr, Director of Instruction for Student Services

-Former Vice President ESS, Principle WSE, Chatelech SS

August 2019 took this position as Director of Instruction

Focus on Mental and Physical Health of youth. Through data and Story and Next Steps

- **Middle years development index MDI**

-Self report questionnaire. Will be given to Elementary schools Grades 4-7 February 2020

-This age chosen for the time of age has predominant change

-Self report valid as per UBC study

-Self report and reflections of experiences in school and community

-Opportunity to hear data and student voice

- **How does MDI relate to core competencies?**

Relates to Strategic Plan- engaged in ongoing learning and personalized inquiry

- **2018/2019 results for Sunshine Coast Grade 7 sample group total 197**

-Well-being index 27% thriving 30% medium 42% low well-being. (score 1/5 in a category)

-Assets for Gr7 adult relationships above average 77% afterschool 85 peer group 80 and nutrition/sleep 56%

- **Grade 4 -sample group total 225**

-Well-being 36% thriving 26% medium 34%low

-Sunshine Coast 77% healthy adult 88% afterschool 76% peer relationship 62% nutrition/sleep

- **Tale of Two Cities Grade 7 (Comparison of results between Gibsons and Sechelt)**

-Adult relationships Slightly higher results in Gibsons. Sechelt and vicinity lower because of lower population

-Peer Relationship - Comparable

-Nutrition and sleep -results comparable between Gibsons & Sechelt

- **Physical Health Embedded Thru:**

-Committees/connections, curriculum, Indigenous Learning Team, Sports Teams

-Physical Events/Clubs

-Nutrition, healthy eating (school gardens)

-Outdoor Learning and Spaces

-Healthy Choices, Active Transport-

- **Highlights 2019 Physical health**

-Afterschool sports and arts Initiative (Grant)

-Vaping Prevention/Awareness (youth connection voice) Starting in February 2020-Grade7 students

-Substance Use Panels

-Active School Travel

- **Social Emotional Learning Overview:**

Handout District Support Services

- **Mental Health Highlights for 2019/2020:**

-Parents and Family

-Positive Discipline EL

-Child Mental Health Substance Use

-Local Action Team, Violent Threat Risk Assessment,

-Sexual Assault Intervention Program

-Universal Classroom Delivery to all Students

-Programs, Zones of Regulation, Strategies

-Mental health literacy high school

-Positive discipline professional development

-Trauma informed practice professional development

Treasurers Report

Scott Davis Reports:

Gaming Account Balance: \$3318.87

Savings Account Balance: \$1059.73

Note: Gaming Grant needs to be reapplied. Scott Davis to contact Aspen Wing. BCCPAC will offer support. Speaker available from BCCPAC as well.

Committee Report

Chairs Report – Jo Thomson

All PACs to check/update their Constitution and Bylaws, review ours.

BCCPAC conference

May 1-3, 2020 Awards to parent recognition.

Resolution Letter to BCCPAC and Ministry of Health regarding Vaping

BCCPAC made formal submission to BC Health. On behalf of 60 school districts.

Superintendent and Board Report

Patrick Bocking

-Hockey Game Local first of 4 series.

-All Grade 3 Nutcracker attendance December 2019.

-Music Arts coming up. Sarah Douglas providing excellent experience for students performing in this musical.

-Partnership with Nicolas Sontag center Most Grade 3 able to attend. Grade 6 added to this partnership.

- Strong program.

Update: Teachers contract wrapped up in June, but negotiations ongoing Provincially. Slow process.

Medical office YVR Coastal Health Monitoring Status: **Novel CoronaVirus** from China. Sent Letter indicating risk to our community is currently low. Reminder for all students: Wash Hands and practicing good health behavior

Maria Hampvent

-December Christmas concerts and school functions.

-Fall meeting: cameras on buses West Sechelt expansion

-Trustees school tours. Excellent hands on experiences at all the community schools. Highlight seeing them build a tiny home.

-Meetings should be LIVE agendas BCPC will attend next week and report back on that.

2020-2021 Budget Consultation - Nick Weswick Secretary Treasurer SD46

Budget Cycle

-Process of collection feedback from stakeholders for budget for next year. Submit by June.

District Information:

- **Expenditures**

Salaries, 80%

-Enrollment – on upswing

-15 student increase overall from last year.

-Teacher Full time Equivalent going up.

-Staffing headcount: Full time 214, headcount employees 323, CUPE support staff, 232 Principles and vice 18

-Inclusion Education-comparison to Province: # of students that have designated health impact, Edu Plan

- **What strives our budget:**

-Boards guidance and strategy, goals and implantation plan and budget

-Strategic Plan-Implementation Plan-Budget Philosophy combined

-CEF classroom Enhancement fund 3.1 funding annual

-Funding to support BCTF win at supreme court

-Internal allocation model under review

-Consideration of more equitable forms of staffing allocation between sites is a top for discussion.

Funding model review:

-Ministry will announce outcome March 15, 2020

-Stated Goal: Improve Equity and continuing target funding to Indigenous learners

-Panel and working group reports – Government to determine changes around Panel possible to change to Headcount. Evaluation current enrollment and revenue source and estimating the effect.

-Unique needs moving to Model that looks at Local demographics.

-Students with High Needs – Province will increase allocations. Level 1 special needs will increase in support.

-No clear direction on second and third enrolment counts. Change may be on the way.

- **Good news!**

-Unrestricted Surplus: up from last year 1.5 million in budget for this year.

-Board will put this money for 2020/2021

Where do you want to see more money going into SD46?

nweswick@sd46.bc.ca

Comments or questions welcome.

Healthy Schools Committee

Marilyn Baines

Healthy Schools Committee – Meeting December 3, 2020

Ongoing planning underway:

- Committee Terms of Reference
- Cannabis/Substance use panels
- BCCH Health Literacy collaboration – revision of the “Pathways to Care”
Navigation tool in process. Other programming to be developed.

Regulations up for Review: Can look on website and comment on any of these topics:

- SOGI – deadline February 3, 2020 – SD46 website
- Substance Use February 3, 2020
- Immunization – March 2, 2020
- Medical Alerts – March 2, 2020
- Being Critiqued in committee: Food in schools and Lice

Underway:

- Vaping Training – Dr. Khara presentations, and Trudy Staley in Schools
- VTRA Training this month
- Supporting youth with nicotine addiction
- Active Transportation Initiative

? Any questions, or

Contact: Marilyn Baines

mbaines@dccnet.com

Next Healthy Schools meeting February 4, 2020

SC CYMHSU Local Action Team

Would like to recruit more students on the Local Action team.

Foundry- Initiative

8 Foundry centers have served over 10,000 young people across B.C.

- These centers are filling gaps in local services. Target age 12-24
- Expansion process extended.
- Sunshine Coast Community Services applied and approved for convening.
- There are many local organizations including SD46 supporting this submission.
- Filing Feb 2020 and we will find out (results) if we are granted a foundry in March.

Discussion

Family Engagement Meeting Discussion: Jo Thomson

Transition of Grade 7 to Highschool

- Group discussion: June get together is too late. Considering to bringing date forward earlier in the year.
- Requesting and welcoming Elementary PAC and parents to attend Elphinstone Secondary PAC meeting.
- **PAC and GR7 parents to attend Elphi PAC May 2020 meeting and tour.**

Dates to be discussed.

- ESS PAC has extended invite to all community schools in Gibsons Area for future ESS students.
- Committee interested in discussions with past experiences.
- To present to parents attending this info night.
- Family Engagement committee focus to bring insight to all parents and future students.

Another objective:

- more Executive and inviting PAC attendees to dinner series.

Note: Tuesday Meeting Committee of a whole out of Sechelt Learning Center.

Agenda on Website. Public welcome.

Blanket Exercise: Upcoming:

- Motion to have North and South -Free Workshops- made at ESS. Chatelech welcomed to take part.
- Date to be in Spring.
- Discussions to be around dates in April and May, Thursday evenings.

Request from Gibsons PAC:

- DPAC support for:

Evening Event with **Laura Beesting** from Bowen Island to talk about Bridge the Gap Math.

Approved by Principle. To help support Elementary level math for Parents.

Requests:

\$300 to support this evening event. This event will be offered to all parents on Sunshine Coast.

Comment:

Criteria around supporting PACs. No present Mandate. DPAC focus is to focus support on Parent Support.

Motion:

Udo Makes motion to support Gibsons Elementary Speaker with funding.

Scott Davis 2nd

All in favor.

Elphinstone Secondary -ESS Elphi PAC is hosting:

“Impact of Technology on Adolescent Development, Behavior, and Learning”

Speaker Night with Cris Rowan BScOt, BScBi, SIPT, CEO

Sunshine Coast Occupational Therapy Inc. and Zone'in Programs Inc.

February 10, 2020 6-7pm

Elphinstone Library

All ages Welcome:

Active Travel

-Initiative and current research being done on the Coast called **“Running Free”**

-Encourages student strategy to active travel to school.

-offer by VGH interested speaker event on Sunshine Coast to parents in the District.

Parenting Teens Workshop

PHSS Plans ongoing for dates.

Next Meeting

February 27, 2020

7pm Chatelech Secondary Library