



8 TO 15 YEARS

**GIBSONS &
AREA COMMUNITY
CENTRE**

GAME READY

\$35

FOOTBALL CAMP

FRI | AUG 21 | 10:00AM - 12:00PM

No pads, no contact, and no previous football experience required. Come learn and practice the essential movements and techniques for football!

Speed, agility, change of direction; throwing, catching, blocking and tackling will be coached and practiced. Offensive and defensive principles will be covered to enhance game play. Prizes and snacks included!

 scred.ca/recreation

 **604-885-6801**