

SCHOOL DISTRICT 46
SUNSHINE COAST

BOARD OF EDUCATION MEETING

Wednesday, May 12th, 2021



A scenic view of a forested coastline. In the foreground, a large, grey, mossy rock sits on a rocky shore. To the left, several tall, dark evergreen trees stand against a backdrop of a dense forest. The middle ground shows a calm body of water, likely a bay or inlet, with a low, forested hillside in the distance. The sky is a pale, hazy blue. The overall atmosphere is serene and natural.

**WE ARE HONOURED TO LIVE, LEARN, PLAY AND WORK ON THE UNCEDED
TERRITORIES OF THE SKWXWÚ7MESH NATION AND THE SHÍSHÁLH NATION**



SCHOOL DISTRICT 46
SUNSHINE COAST

SUPERINTENDENT'S REPORT TO THE BOARD

Board of Education Meeting
Superintendent Patrick Bocking
Wednesday, May 12th, 2021



MDI

1a

Our **students' voices** will be respectfully heard and acted upon.

1f

Our students will develop and apply **social and emotional skills** to successfully live, work, and play together. They will have the resilience and attitude to deal with life's challenges and to manage their **mental health**.

SD 46 Sunshine Coast



School District and Community Reports



Sechelt Early Years Centre

1b

Our students will thrive in their **early years, and throughout their education**, within schools, families, and communities that inspire learning, respect and connection.





SUBSTANCE USE PANELS

1f

Our students will develop and apply **social and emotional skills** to successfully live, work, and play together. They will have the resilience and attitude to deal with life's challenges and to manage their **mental health**.

1g

Our students will develop and apply skills and habits to support their **physical health**.

MYTH Marijuana is safer than other drugs like alcohol because it is not addictive.

Depression **FEAR** ANXIETY **ADDICTION**
 LOWER IQ Hallucinations IMPAIRED JUDGEMENT
 Fatigue **Delusions** Paranoia

GET SUPPORT

**Grade 7
Mental Health &
Substance Use Panel**

GET ANSWERS FROM RELIABLE SOURCES

**SCHOOL DISTRICT 46
SUNSHINE COAST**
www.sd46.bc.ca

FACT The main active ingredient in marijuana, THC (delta-9 tetrahydrocannabinol), stimulates brain cells to release the chemical dopamine, which creates a feeling of pleasure. 1 in 10 adults who use marijuana become addicted. And the younger someone starts smoking, the higher the risk. One in six people who start in their teens will become addicted.



SLEEP WEEK

1g

Our students will develop and apply skills and habits to support their **physical health**.

SCHOOL DISTRICT 46 SUNSHINE COAST

We know that consistent, adequate sleep:

- leads to better energy
- sharper memory
- boosts immunity
- assists with self-regulation
- improves self-esteem and
- stabilizes mood

which all leads to better learning outcomes!

Behavioural symptoms of inadequate sleep include:

- irritability
- aggression
- hyperactivity
- attention problems
- decreased motivation

70% of Canadian children do not get the amount of sleep recommended for their age group

Sleep problems are the number one health concern brought forward to family doctors

School District 46 Presents Sleep Week!
To help promote better outcomes for our students!

May 10th-14th 2021



GIRLS ONLY CODING WORKSHOP

1j

Our students will have the **digital literacy** skills to enhance and communicate their learning, and to responsibly navigate technology.

 SCHOOL DISTRICT 46
SUNSHINE COAST

GIRLS ONLY CODING WORKSHOP

FOR 10-12 YEAR OLDS

In collaboration with Green Bricks (<https://greenbricks.ca/>)
and Science Odyssey (www.sciod.ca)

This workshop is a fun and interactive opportunity to learn coding through the easy-to-use program Scratch (www.scratch.mit).

This coding experience will allow every young coder to engage in their creativity and build their critical thinking.

Space is limited, so register soon!

THURSDAY, MAY 13 | FREE!
3:30PM-4:30PM | LOCATION: ZOOM

CLICK HERE TO REGISTER! 



MUSIC MONDAY

1k

Our students will actively participate in expanded **fine arts** programs.





COVID-19 VACCINATIONS

2a

Our staff will be a **healthy and inspired team** in which everyone feels respected for their individual gifts, skills, and contributions.





FRAMEWORK FOR ENHANCING STUDENT LEARNING

3a

Our district will effectively **communicate** with students, staff, and the community.

FRAMEWORK FOR ENHANCING STUDENT LEARNING

A shared commitment to improve student success and equity of learning outcomes for every student in public education in British Columbia





INTERGOVERNMENTAL MEETING

3b

Our district will actively engage in **visioning and planning** with local governments.



SCHOOL DISTRICT 46 - SUNSHINE COAST
Excellence in all we do!

AGENDA

Intergovernmental Meeting: Supporting Children, Youth and Families
Tuesday, May 11th, 2021, 6-8pm



NATIONAL DAY OF MOURNING

3c

Our district will pursue opportunities that **enhance collaboration and deepen partnerships** throughout our local and global community.



Day of
MOURNING

Last year, 151 B.C. workers died from a workplace injury or disease.

Now, families and communities are left to mourn.

We are all responsible for ensuring our workplaces are healthy and safe.

Wednesday, April 28
dayofmourning.bc.ca





NATIONAL MENTAL HEALTH WEEK

3c

Our district will pursue opportunities that **enhance collaboration and deepen partnerships** throughout our local and global community.

Get ready to **#GetReal**

CMHA Mental Health Week

May 3-9, 2021

Visit [mentalhealthweek.ca](https://www.mentalhealthweek.ca)
for info and tools!

HAPPY

AFRAID

SAD

ANGRY



THANK YOU



CHATELECH STUDENTS
DANCING OUTDOORS IN MAY

SCHOOL DISTRICT 46
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