

Active Travel Young People Sunshine Coast

School District 46 *June 23, 2020*

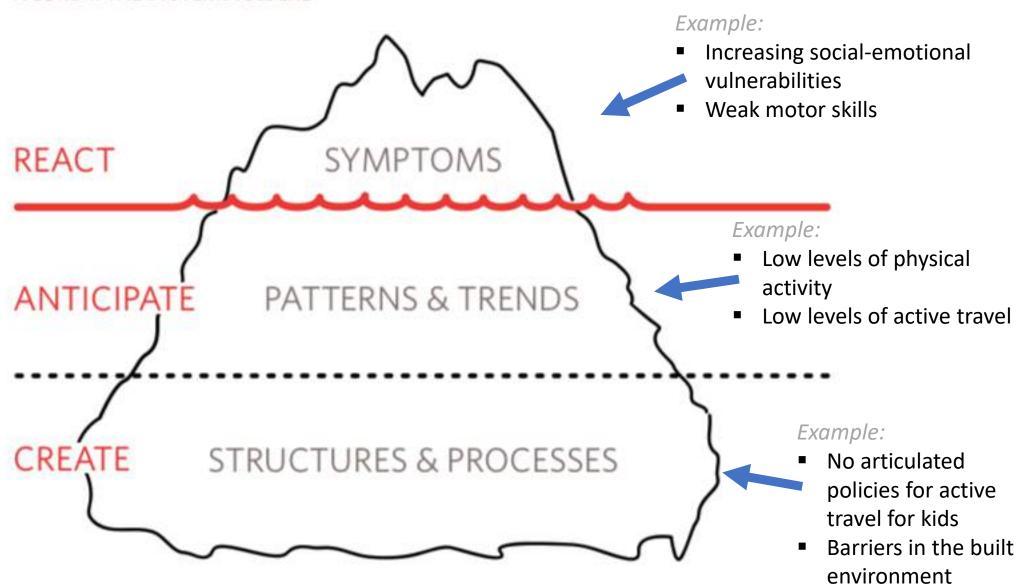




2018

- Town of Gibsons received an Active Communities Grant (MoH \$, administered by VCH)
- Gibsons Active Travel for Kids project
- Cross-sectoral project committee (including SD)
- Gibsons & Elphinstone schools
- Final report approved by ToG Council (December 2018)

FIGURE 4. THE SYSTEMS ICEBERG





Sunshine Coast Wave 7: 2016-19

38% EDI rate on 1+ scales

BC: 33%

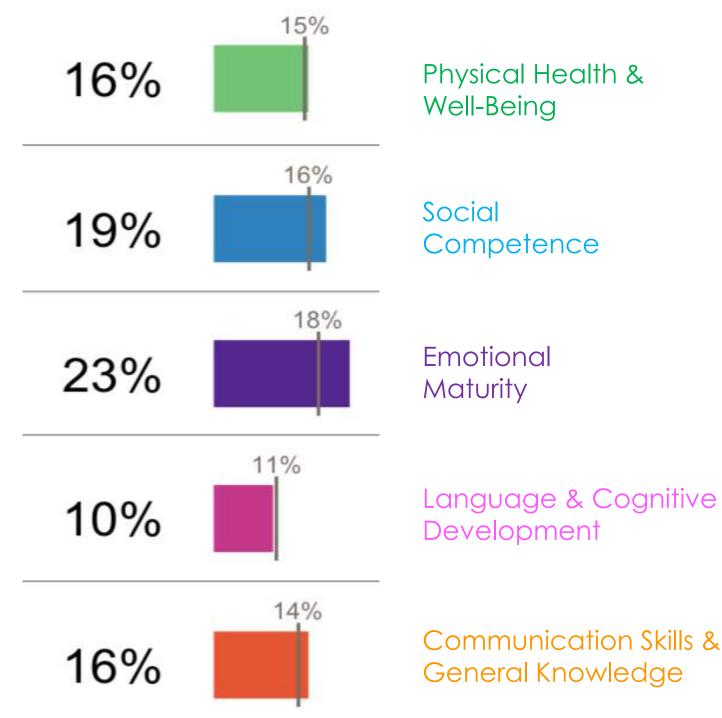
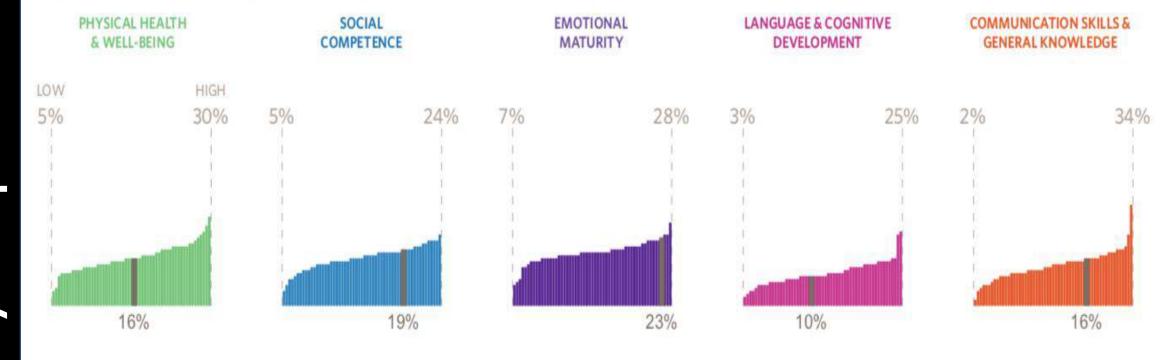


FIGURE 14. WAVE 7 SCALE-LEVEL VULNERABILITY IN SUNSHINE COAST WITHIN A PROVINCIAL CONTEXT



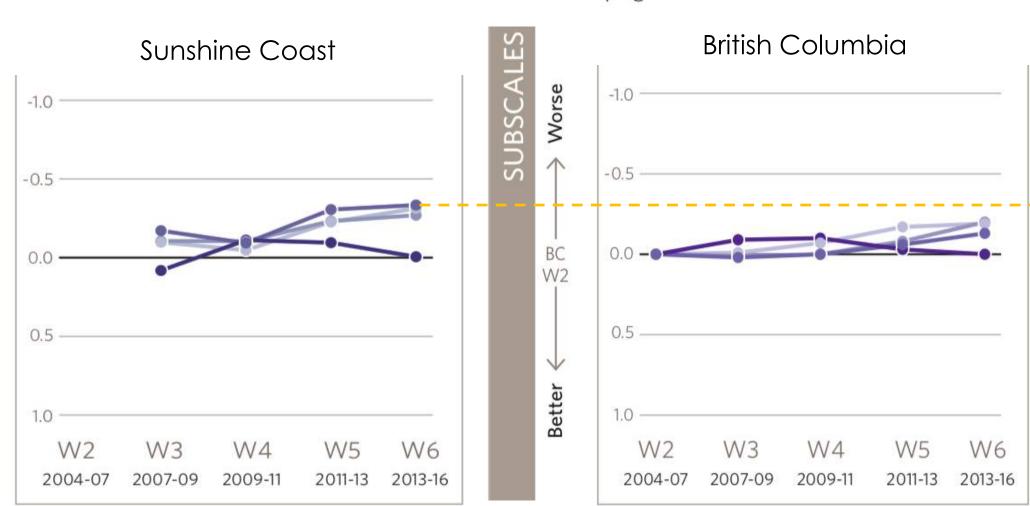


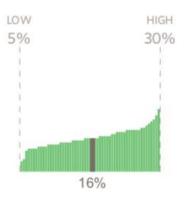
Emotional Maturity Subscales (Wave 6) Aggressive

Anxious & Fearful

Hyperactive & Inattentive

Prosocial & Helping





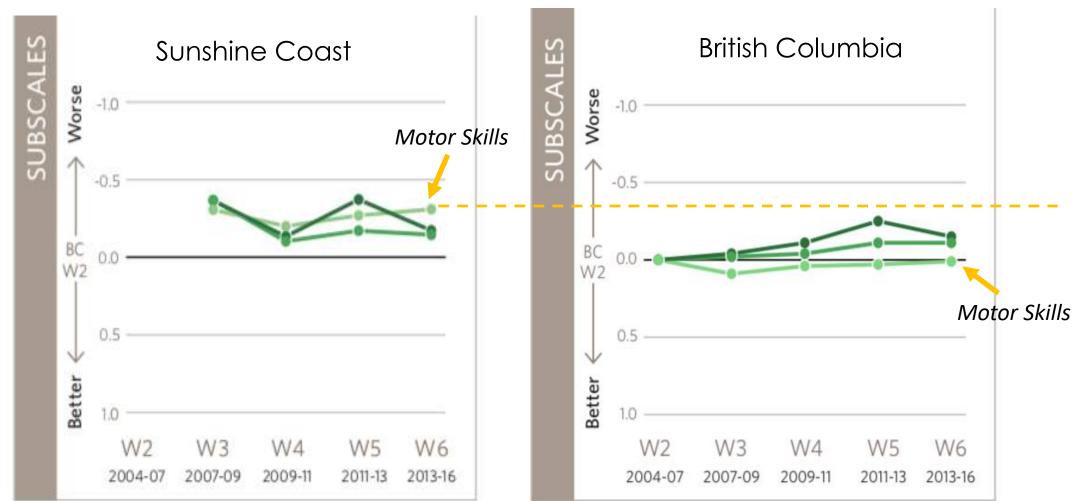
Physical Health & Well-Being

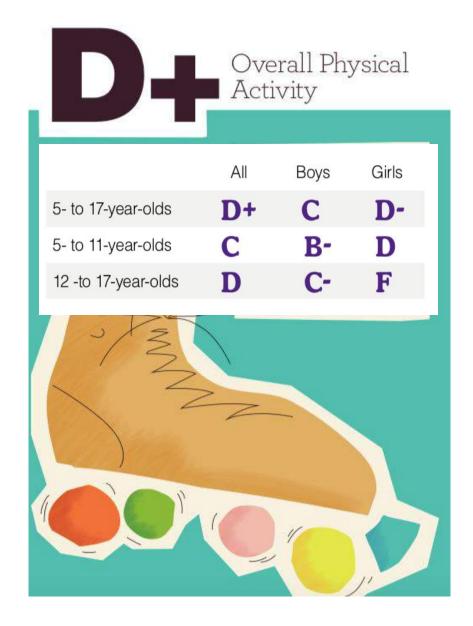
Subscales (Wave 6)

Gross & Fine Motor Skills

Physical Independence

Physical Readiness



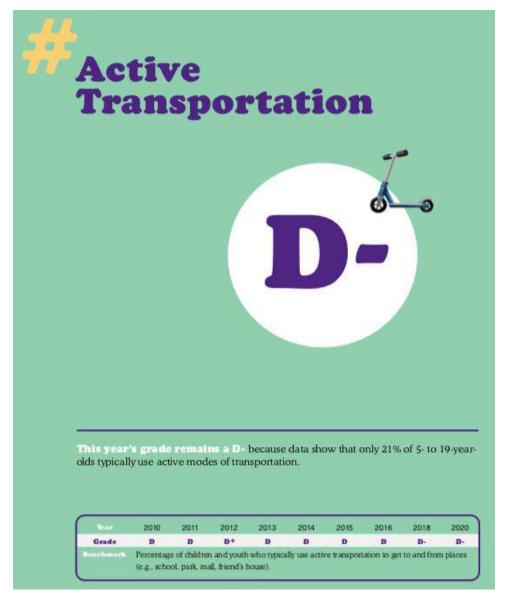


18%

of 12 to 17 year-olds in BC get the daily recommended amount of physical activity (2018, AHS)

2020 Canadian Physical Activity Report Card

The Backseat



21%

of 5-19 year-olds in Canada typically use active modes of travel to get to school

63% use inactive modes

(Canadian Fitness & Lifestyle Research Institute, 2014-16)

2020 Canadian Physical Activity Report Card

Sunshine Coast Middle Development Instrument 2019-2020

Gibsons Active Travel Project (2018)

"How do you usually get to/from school?"

	Project (2018)					
	TO School	FROM	Mode	To School	From School	Preference
	Gibsons: 51% Elphin: 41%	41% 22%	Car	Gr4: 43% Gr7: 42%	Gr4: 36% Gr7: 27%	Gr4: 29% Gr7: 36%
	Gibsons: 17% Elphin: 35%	22% 39%	School bus	<i>Gr4:</i> 33% <i>Gr7:</i> 34%	Gr4: 40% Gr7: 45%	Gr4: 16% Gr7: 17%
	Gibsons: n/a Elphin: 4%	n/a 9%	Transit	<i>Gr4:</i> 0% <i>Gr7:</i> 0%	Gr4: 0% Gr7: 1%	Gr4: 3% Gr7: 0%
Walk, Scoot, Skate Gibsons: 29% Elphin: 15%		32% 25%	Walk	<i>Gr4:</i> 18% <i>Gr7:</i> 19%	Gr4: 19% Gr7: 22%	Gr4: 19% Gr7: 22%
	BIKE Gibsons: 3% Elphin: 2%	3% 1%	Cycle, skate scoot, etc.	<i>Gr4:</i> 3% <i>Gr7:</i> 4%	Gr4: 3% Gr7: 4%	Gr4: 20% Gr7: 18%
	Lipiniii. 270		Other	<i>Gr4</i> : 3% <i>Gr7</i> : 1%	<i>Gr4:</i> 3% <i>Gr7:</i> 1%	Gr4: 13% Gr7: 7%



59%

Increase in emissions for school travel

The largest % increase of the carbon footprint for schools

Higher levels of physical activity

Better fitness

Mobility

Independent

Increased sociability

Improved spatial skills (wayfinding, cog dev)

Increased alertness (readiness to learn)

Increased independence & self-reliance

Improved mental well-being

Higher sense of community belonging

Reduced parent stress (reduces kid stress)

Safer streets (school zones, traffic, cohesion)

Kids' Reduced vehicle emissions (air, climate) Transforming children's everyday journeys



Making active travel choices...

- possible
- desirable
- inevitable



SD-Related Actions to Date

- 2019: Presentations on project results to Healthy Schools Table, DPAC, School Admin, Intergovernmental Liaison Committee
- 2019/2020 Developed & convened cross sectoral "Tactical Team": SD, DPAC MCFD, RCMP, TG, DoS, MOTI, BC Transit, TRAC, VCH
- Local governments willing to consider prioritizing school zones for infrastructure upgrades
- RCMP willing to play a role –
 enforcement around schools;
 engagement with kids;
 reassurance of safe communities
 to the public
- BC Transit interested in seeing what its role could be
- SD was already doing: some bike skills training; Bike to School Week

- Some schools were already doing: Walking School Bus; safety around drop off/pick up zones; encouraging active travel in newsletters, etc.
- DPAC considering a screening of the "Running Free" documentary
- Some interest from Kirsten Deasey (via StrongStarts) re: promoting independent mobility with younger age groups
- School Hands Up Survey
- School Infrastructure e.g., bike racks
- Best Routes to School Maps testing with Davis Bay, Gibsons and West Sechelt
- VCH/SD drafted a write-up for the March newsletter re: active travel, with sign-off & noted acknowledgement from MCFD rep
- VCH input into SD Transportation policy with suggestions on how to integrate active travel into the policy
- Potential \$ re: active school travel MOTI grants; SC Community Foundation

For consideration:

- More consistent support across schools and the SD
- Regular, ongoing awareness-raising, communication& skills building with staff, parents & kids re: importance of active travel
- Collaborate with local government re: infrastructure upgrades
- Integrate active travel into SD
 Transportation
 Policy
- Assess current state
- Revisit SD recommendations in the Gibsons Active Travel project report

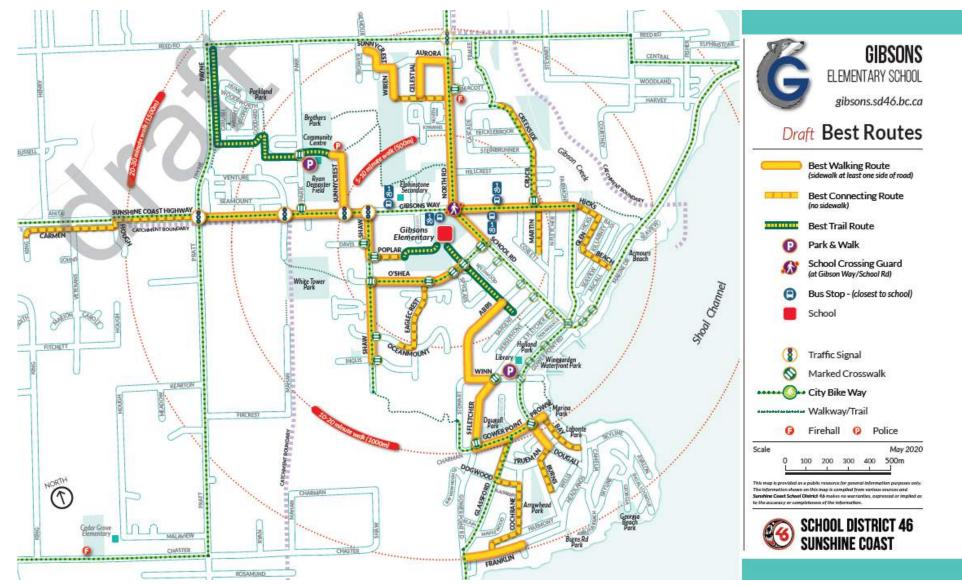


TRANSPORTATION STRATEGIES (3.F.)

Operations Committee – June 26, 2020

ACTIVE TRANSPORTATION







NOVEMBER 2017 — CURRENT STATE ASSESSMENT

- Provides baseline measures to use to develop optimization strategies
- Linear nature of district lends itself to an efficient transportation network
- Average cost per km is \$2.70, providing a high level of service at a reasonable cost
- Out of scope transportation (i.e. courtesy riders) may result in longer ride times for eligible riders





NOVEMBER 2017 - RECOMMENDATIONS

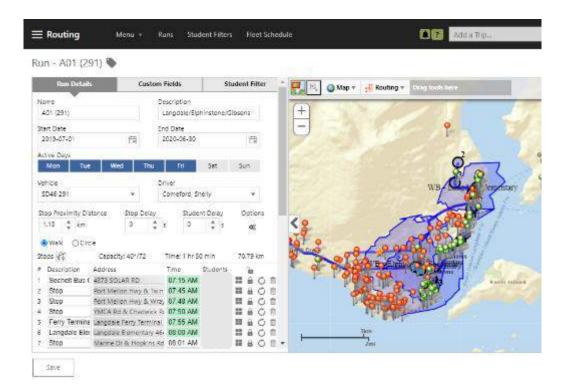


Process Review:

- Establish a formal Student Bus Registration process for bus transportation.
- Review the catchment boundaries and decide if the walk limits will be enforced or continue as per past practice.

Oversight:

 Train designated staff on use of bus registration software (Traversa)

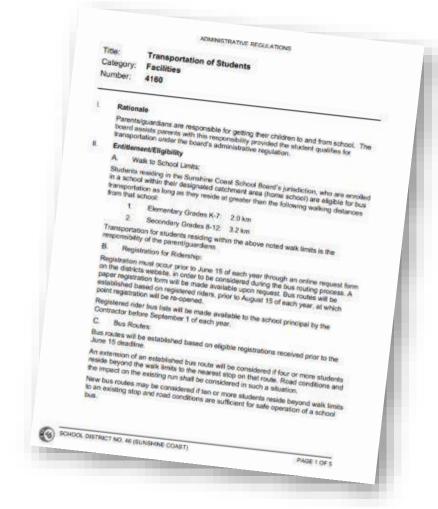




NOVEMBER 2017 - RECOMMENDATIONS



- Optimization:
 - Conduct a bell and fleet schedule study
- ✓ Policy Recommendations:
 - Include walk to stop limits
 - Include process to remove courtesy riders from a route
 - Include process to extend a route
 - Include process to request a new route





NOVEMBER 2017 — OPTIMIZATION

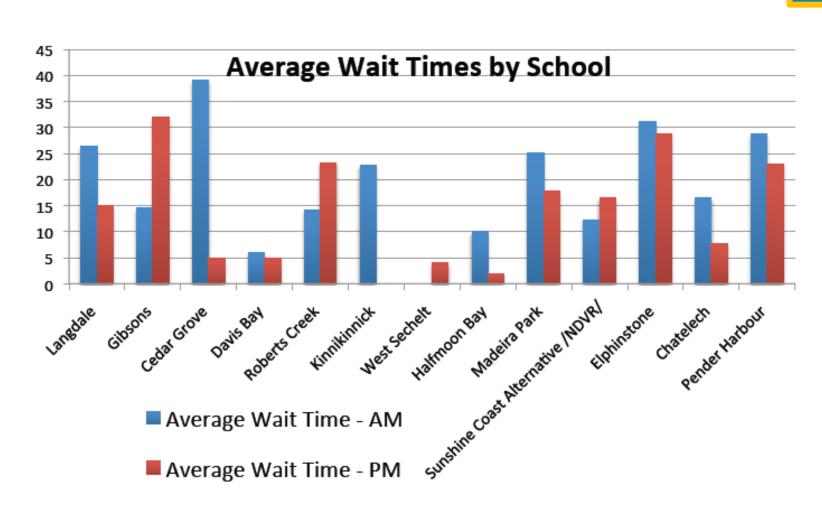


In the coming school year and beyond, the SD should conduct a full Bell Time / Fleet Schedule study. There are instances where students are waiting for extended periods of time in the morning for school or in the afternoon for the bus departure. This could produce better utilization of the bus fleet, and a shorter educational day for students."



AVERAGE WAIT TIMES BY SCHOOL





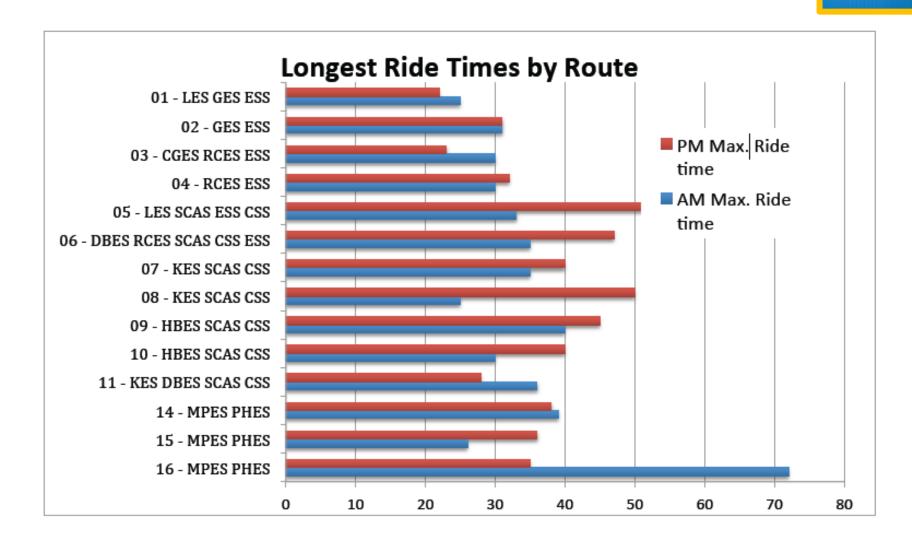


LONGEST RIDE TIMES BY ROUTE



Bus Route Optimization Project Current State Assessment for School District 46

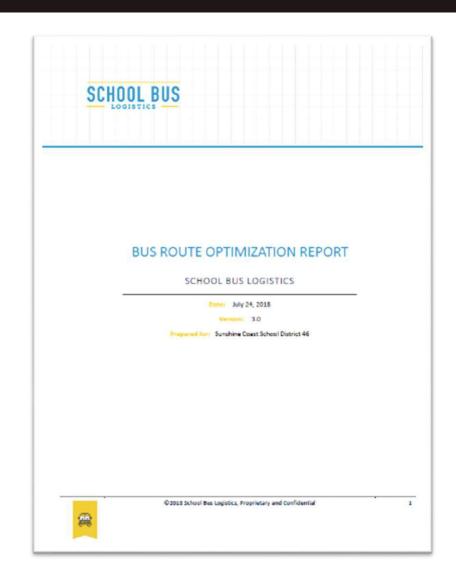
V4000 At 160





JULY 2018 — BUS ROUTE OPTIMIZATION REPORT

"School Bus Logistics is pleased to deliver this report for a bell schedule and bus route optimization analysis for your upcoming school year 2018-19. This report outlines findings for a comprehensive bell schedule analysis, bus route efficiencies, and a review of impacts of cross boundary student riders"





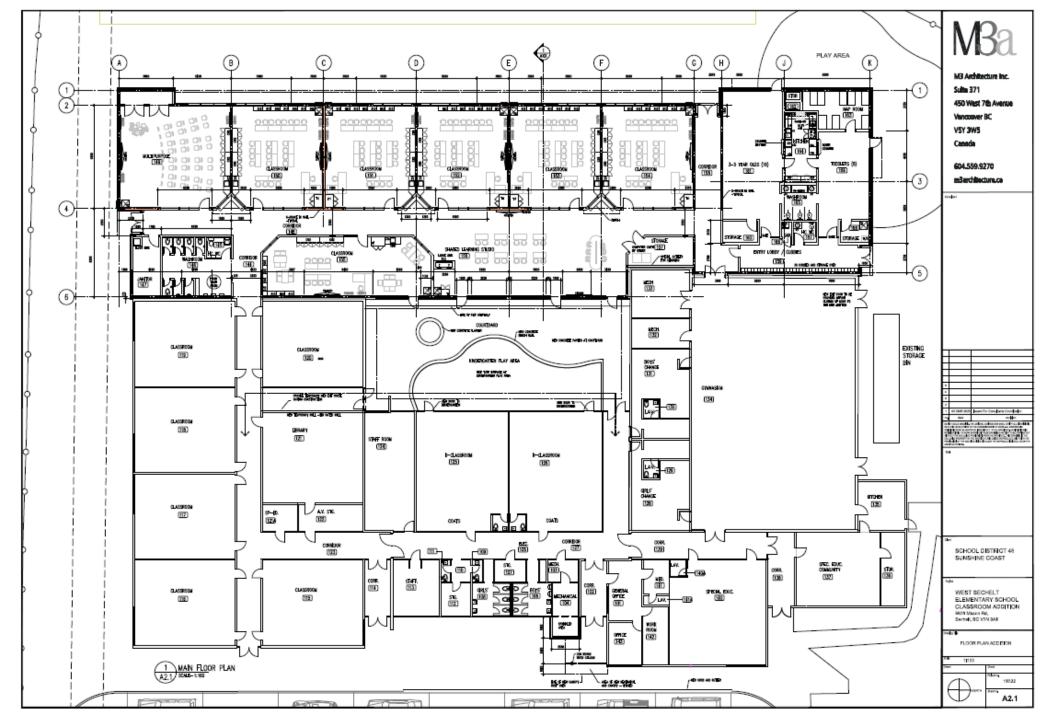
WHAT'S NEXT?

- Review Route Optimization Report with Operations Committee in greater detail
- Consulting with school communities, students and families
- Determine impact on CSF transportation and cross-boundary riders
- Consider future increases in enrollment & impact on bussing

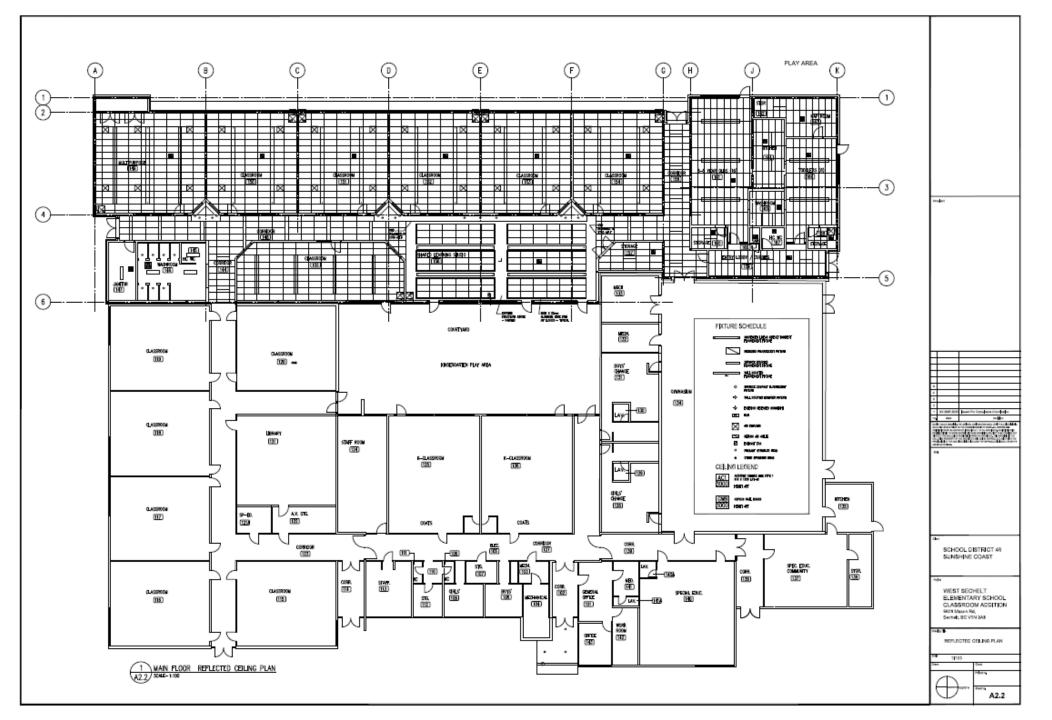


WEST SECHELT ELEMENTARY EXPANSION

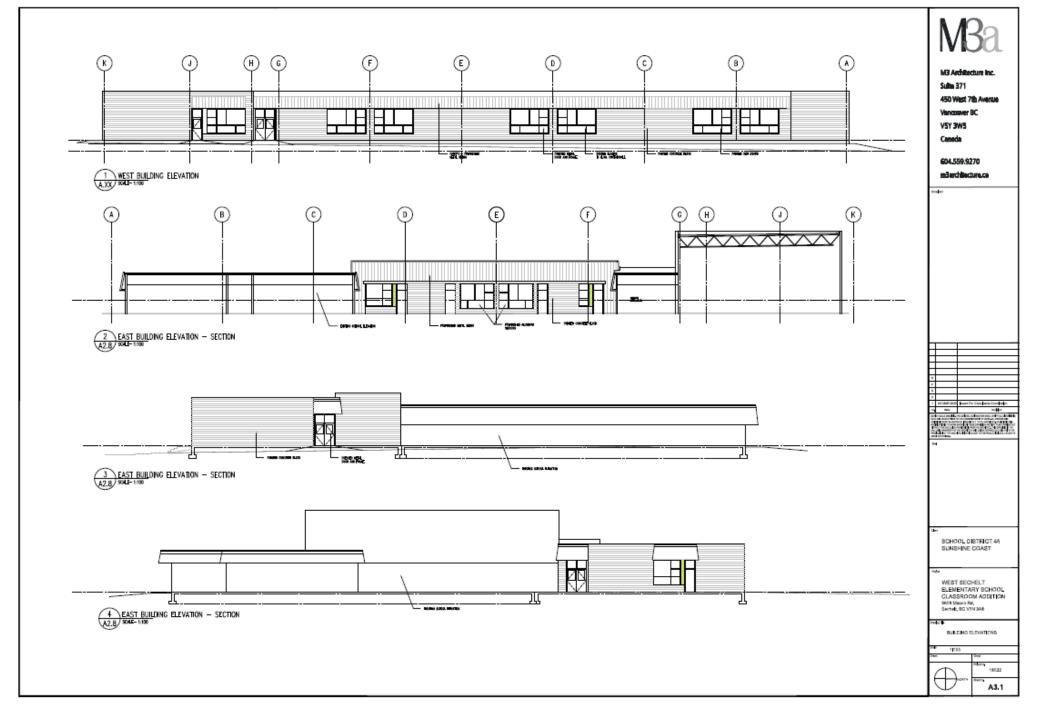
Operations Committee – June 26, 2020



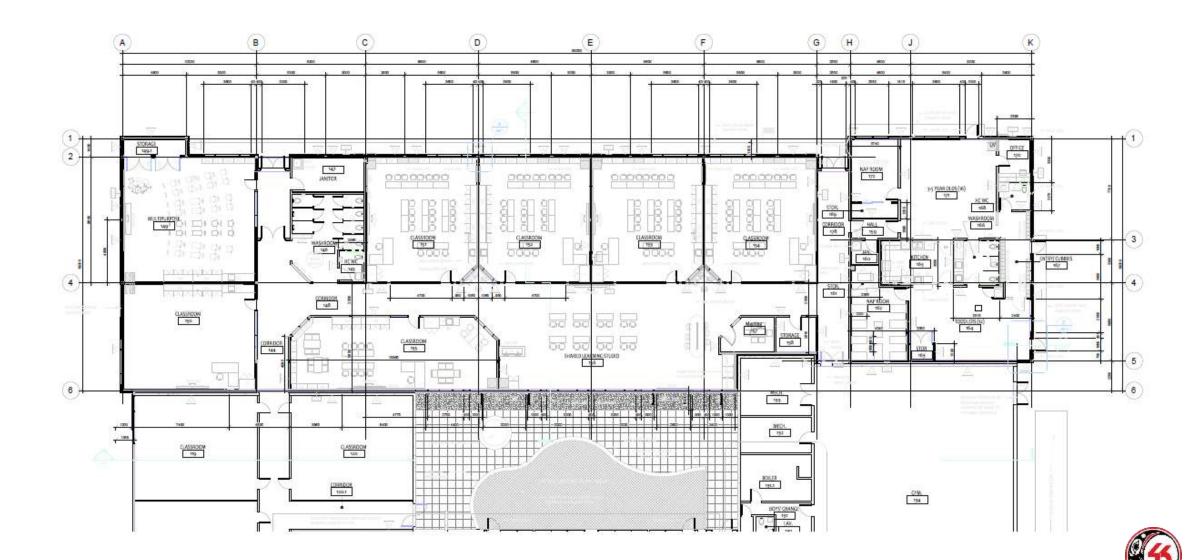


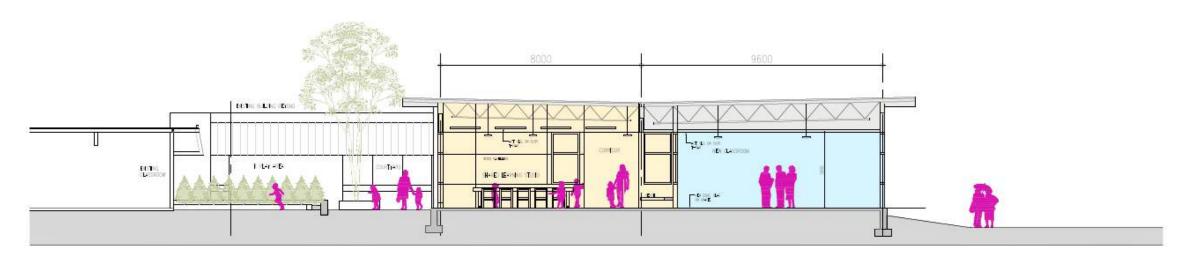












BUILDING SECTION AT NEW ADDITION

