

ADMINISTRATIVE REGULATIONS

TITLE: SWIMMING
 CATEGORY: EDUCATION
 NUMBER: 1350

I. At all swimming activities a currently certified and insured NLS (National Lifeguard Service) Lifeguard shall be on duty.

Swimming Location	Maximum # Students in Water at one time	Lifeguard Qualifications
Oceanfront/Lakefront	15	1 NLS (Surf/Waterfront Preferable) (Pool Option acceptable)
	16-35	2 NLS OR 1 NLS AND 1 Bronze Cross/Bronze Medallion
<p>Note: Larger, more complex waterfront facilities may require more lifeguards. Factors affecting the numbers of lifeguards include (but are not limited to): length of shoreline, bather load, concentration of swimmers, age and make up of swimming patrons, potential dangers such as drop-offs, geographical features (such as curves or bends in the shore affecting the lifeguard's view), water and weather conditions, experience and training of lifeguards, ratio of assistant lifeguards to lifeguards, type of patron activity engaged in, width of swimming area. It is important that the lifeguards take the specific circumstances of the site and situation into consideration and adapt accordingly.</p>		
Private Pool	30	1 NLS (Pool Option acceptable)
Public Pool	Follow pool rules	

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- II. The principal shall:
- A. obtain a clear photocopy of the Lifeguard's current qualifications and present insurance card.
 - 1. Lifeguard's qualifications should include:
 - a) *NLS Certification;*
 - b) *CPR - Basic Rescuer;*
 - c) *Standard First Aid.*
 - B. check the expiry dates of all three of these qualifications to ensure they are current.
 - 1. Note:
 - a) *NLS is current within two years of qualifying.*
 - b) *CPR - yearly retraining is recommended.*
 - c) *First Aid requires renewal every two years.*
- III. In the case of a class party at a private pool, the principal shall retain a copy of the homeowner's insurance policy outlining clear and adequate coverage for third party liability (which covers people other than those in the immediate family for pool accidents.)
- IV. At no time are Lifeguards holding only a Bronze Medallion/Bronze Cross acceptable as a Primary Lifeguard. They can work under the supervision of the NLS guard only.
- V. Teachers must ensure that the Lifeguard reviews clearly and carefully safety rules for your students. Buddy Call must be practiced on Dry Land before trying it in the water.

Internal Form available on Engage:

Lifeguard Form, School District 46

Received: August 2008

References: Lifesaving Society Waterfront Safety Guidelines