



# SCHOOL DISTRICT 46 – SUNSHINE COAST

## LIFEGUARD FORM

The information on this form is collected under the authority of the **School Act** Sections 13 and 79. The information provided will be used for educational program purposes and, when required, may be provided to health services, social services or other support services as outlined in Section 79(1b) of the **School Act**. If you have any questions about the collection or concerns about the use of this information, please contact your school principal or the Information and Privacy Coordinator (886-8811).

LIFEGUARD FULL NAME		
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AGE:	HOME ADDRESS:	TEL:
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List all current Lifeguard qualifications and dates of expiration:

NL Option:	1) Pool <input type="checkbox"/>
	3) Waterfront <input type="checkbox"/>
	4) Surf <input type="checkbox"/>

CPR Level:	Basic Rescuer (Level C) <input type="checkbox"/>
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Standard First Aid:	<input type="checkbox"/>
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Assistant Lifeguards may guard under the direct supervision of the Head Lifeguard who is NL certified. Assistant Lifeguards can help with larger groups.

Bronze Cross:	<input type="checkbox"/>
Bronze Medallion:	<input type="checkbox"/>

**Contracted** Lifeguards must carry current personal liability insurance (\$2M policy available from the Lifesaving Society available at [nationallifeguard.ca](http://nationallifeguard.ca)) **OR** a **Volunteer** Lifeguard who possess the necessary qualifications will be covered for liability coverage by district’s insurer, SPP.

**Note: Honoraria offered to volunteers as a token of appreciation must not represent a fee for service or have an hourly rate associated.**

Contracted Lifeguard Current Personal Liability Insurance:	<input type="checkbox"/>
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Volunteer Lifeguard Liability Coverage by district’s insurer, SPP:	<input type="checkbox"/>
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- At the start of each new swimming session, the Lifeguard must:
- a. Explain to participants and volunteers the waterfront/pool emergency procedures;
  - b. Review clearly and carefully the safety rules for the students;
  - c. Employ the use of a buddy system and make regular ‘buddy checks’. Note: Buddy Call must be practiced on Dry Land before trying it in the water.
  - d. Using the Swim to Survive standard, check on swimming skill level of participants.

The Lifeguard should provide the following equipment during a swimming session (if not already provided for):

- a. a first aid kit
- b. rescue aid such as a rescue can or rescue tube
- c. personal fanny pack containing pocket mask, gloves & pair of goggles
- d. a whistle and identifying clothing
- e. a communication device (cell phone) for EMS call
- f. one set of fins, mask and snorkel for each lifeguard (for oceanfront/lakefront)