

## HOME EMERGENCY KIT

Each household should be prepared to have emergency supplies for at least a minimum of 3 days, and preferably 7 days. Consider special-needs items for infants, children, seniors or people with disabilities and don't forget your pets! As a minimum, an emergency kit should contain the following:

### Emergency Water and Food Supply

- Drinking Water (*at least 2 liters per person/day*)
- Washing & cooking water (*2 liters per person per day*)
- Food (*supplies for a minimum of 3 days requiring minimal water, heat & refrigeration*)  
 -comfort food, stress food, foods with at least 6 month shelf life
- Alternate cooking methods & supplies (fuel)  
 -Propane/charcoal BBQ  
 -Butane Stove/ Coleman stove
- Manual can opener/ paper plates / plastic cups and utensils/ food thermometer

### Sanitation / Personal Hygiene

- Hydrated lime/scoop/dust mask/rubber kitchen gloves
- Garbage bags/toilet paper
- Personal hygiene items including (toothbrush/toothpaste/soap/shampoo/diapers)
- Liquid soap/paper towels/bucket

### Essentials

- Flashlight/ lanterns/headlamps
- Radio – battery operated/windup
- Light sticks / power failure lights / 36 hour candles
- Batteries

### Communications

- Landline phone/ cell phone / cell phone charger
- Familiarity of social media (Twitter, Facebook)
- Out of area contact
- Family Plan
- Solar powered battery charger



### Safety and Comfort

- Sturdy shoes by bed / whistle
- Warm clothes and rain gear
- Extra medications /prescription / spare eyeglasses
- Gas shut off wrench/ water shut off key
- Heavy work gloves/safety goggles/dust masks
- Duct tape/ pocket knife/ crowbar /shovel
- Emergency cash in small denominations
- Local map / paper / pencil or pen
- Copies of important documents
- Phone numbers
- First aid kit and manual
- Plastic sheeting/tarps
- Alternate shelter