



We bring you ideas and opportunities to help your child be successful at school. What would you like to know about? Ask us: [questions@sd46.bc.ca](mailto:questions@sd46.bc.ca)

# HELPING YOUR CHILDREN LEARN

## RESOURCES

Looking for ideas to help your children navigate the on-line world? Try Mediasmarts for the *Parents' Guide to Instagram* or search a wide range of topics: <http://mediasmarts.ca/category/categories/parents>.



CANADA'S CENTRE  
FOR DIGITAL AND  
MEDIA LITERACY

## HELPING YOUR CHILD AT HOME

What makes a difference in helping children succeed? Spending time with them. Set aside time in your daily routine to talk with your children. Children and teenagers who talk openly with their parents about their day, such as what happens at school and current events, have greater success. During dinner discuss books they are reading, films or television shows you watch or how their math skills relate to real-world experiences.

What else can I do to help with school? Talk about your hopes, dreams and ambitions for them. When a parent has high aspirations it builds confidence and students do better. Show them that you believe in their potential and tell them that you know they can succeed!

### Things you can do:

- Let your teenager know that you think it's important they do well at school.
- Ensure your child knows that you believe in their potential and abilities.
- Ask them everyday what they learned at school, what they found interesting or what topics they are exploring in various subjects.

EXCELLENCE

## PAC NEWS



Get involved with your child's school!

When schools, families and community groups work together to support learning, children do better in school, they

stay in school longer, and have more positive attitudes toward school. Being a part of the school community is one way to ensure that your child reaches their potential.

Contact the principal or your PAC chairperson to find out how you can share your unique skills and experiences with the school. The school parent meetings are held monthly and are open to everyone.

Want to find out more about other schools? Join the district parent group (DPAC) for coffee, tea and treats! The group, chaired by Allyson Fawcus (parent at West Sechelt Elementary School), welcomes your involvement! Please contact Allyson for the next meeting date: allysonfawcus@gmail.com.

## COAST READS – TOGETHER!

The annual *Coast Reads – Together* program has started in all of our schools and in the Sechelt and Gibsons libraries. The books are for readers of all ages; kindergarten to adult. The Sunshine Coast Literacy Coalition and the Sunshine Coast school district support this program. Special thanks to Talewind Books for helping us purchase these great titles! Ask your child for a bookmark and have a look at the website: [www.coastreads.org](http://www.coastreads.org)



POSTER



BOOKMARK

## PARENT ENGAGEMENT COMMITTEE

**Committee members:** Patrick Bocking, Sarah Bradley, Cindy MacInnes, Allyson Fawcus, Christa Rive, Tamara Forsyth, Jane Ostashek and David Barnum (chair).

### Our goals...

- To increase the number of parents involved in SD #46 schools.
- To rethink traditional school/system structures that affect parental involvement and engagement.
- To encourage greater child-parent communication in the home.

- To ensure our communication strategies are effective.
- To deepen parental/care giver engagement in students' education.

Parent engagement in education is about parents being positively involved in their child's learning, their school community and their child's sport and social life. Parent engagement is more than being involved and informed about school activities. It is actively engaging with your child's learning, both in the home and at school.

### HOW TO CONTACT US

Parent Engagement Committee:

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